

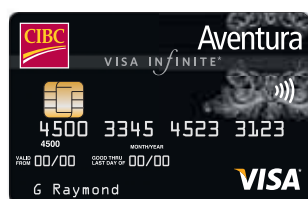
OTTAWA metro®

NEWS
WORTH
SHARING.



**Earn up to 20,000 Aventura Points.
Plus no annual fee for the 1st year.¹**

The new CIBC Aventura® Travel Rewards Program.



**So good even
penguins can fly™.**

cibc.com/penguingscanfly or call 1 855 813-9803.



EVERYTHING MUST GO!

INVENTORY CLOSEOUT SALE

20% OFF ANY  **PALLISER® SECTIONAL!**



REG PRICE \$699.99
CLOSEOUT PRICE:
\$299⁹⁹



Limited Quantities!

Your Choice Event

On Now Until January 31st

 **JENN-AIR®**



Purchase any 3
qualifying Jenn-Air®
appliances and receive a
BONUS Jenn-Air® Dishwasher
valued up to \$1,749* (MSRP).



Purchase any 4 or more
qualifying Jenn-Air® appliances
and receive an eligible upgraded
BONUS Jenn-Air® Dishwasher
or **Under-Counter**
Refrigeration Products
valued up to \$2,299* (MSRP).

Qualifying Jenn-Air® Commercial Ranges, Built-in Refrigerators and Accolade™ Vent count as 2 units*!

 **prestige**
HOME FURNISHINGS & APPLIANCE GALLERY

1344 Youville Drive, Orléans
613.824.3300
www.prestigefurniture.com
Like us!  /prestigeorleans



Hours of operation: Monday- Friday 10 a.m. – 8 p.m. || Saturday 10 a.m. – 5 p.m. || Sunday 11 a.m. – 5 p.m.

**Limited quantities available. **See sales associate for complete details.*



NEWS WORTH SHARING.

THE RULES ARE MADE TO BE BROKEN

DON'T LET FASHION MAGAZINES DICTATE YOUR STYLE **PAGE 23**

Tragic video goes viral

Video of Ottawa woman's battle with brain cancer gets thousands of hits, picked up by Buzzfeed, Jezebel **PAGE 3**

NSA may be in your computer

Agency has implanted software in nearly 100,000 computers around the world **PAGE 14**

Para Transpo user in e-purse limbo

Transit. Accessibility advocate feels 'trapped' after Presto system eats her money



JOE LOFARO

joe.lofaro@metronews.ca

An accessibility advocate in Ottawa says she is in Presto limbo after the balance on her pay card is in the negative despite having purchased a \$35 community pass online on Dec. 31.

"I just feel trapped right now," said Catherine Gardner in an interview Wednesday.

After buying the monthly pass, she stuck with Para Transpo to get around town in her wheelchair. The service doesn't require customers to tap their cards since the vehicles aren't equipped with readers.

She first noticed the strange behaviour on her Presto card balance on Jan. 7 when she logged onto her account and

saw that it was \$0.01. She called Presto looking for an explanation, only to be told that she had to wait 24 hours to tap the card after loading it, she said.

She thought it might have been a mistake.

Then, on Monday morning, she tapped her Presto card at Bayshore. However, on Tuesday evening Gardner noticed her balance was -\$2.71 and didn't know why the balance from the community pass had not shown up.

"When I talked to Presto last night, (the agent) said, 'yeah, there is a problem. Since the upgrade, there's a backlog so it might take a few days,'" recalled Gardner. "So I don't know where the other part of the \$35 went."

Metrolinx, the provincial agency that oversees Presto for Ottawa, Toronto, and Hamilton, just finished a major upgrade to its website on Monday and for several days shut down many online services, such as loading money onto cards and buying a January pass. A spokesperson told Metro the transition went "exceptionally

well" and he is not aware of any new glitches or bugs.

"This should not have happened and right now I am stuck because I can't go out anywhere," she said. "I was really hoping to go somewhere today and I can't because I don't have Para Transpo booked."

A Presto official told her he would have to speak with their IT department, and in the interim, she would have to load more money onto the account or use bus tickets, according to Gardner. She refused to do that.

"Why should I have to use tickets to go and buy new tickets if I have a pass on my card?" said Gardner.

She said she wasn't impressed with Presto's response Tuesday evening, but appreciated receiving an email from OC Transpo general manager John Manconi who wrote, "We will fix this up for you."

"He got back to me within 10 minutes," she said. "I do give credit to OC Transpo for responding so quickly."

Metrolinx said it is investigating Gardner's complaint.



A SMOOTHER ROCKFEST

Amnesia Rockfest organizers are pledging a smoother, better concert experience with the help of Festival d'été de Québec. For more on how the heavy metal festival in Montebello plans to crunch a new riff, see page 6. VALERIE MENARD/CONTRIBUTED



Devilishly Good!

STLOUISWINGS.COM

OPENS MONDAY!

2ND LOCATION IN OTTAWA

1331 Clyde Ave.

@ Baseline Rd.

Come visit us on Monday, January 20TH FOR A CHANCE TO WIN

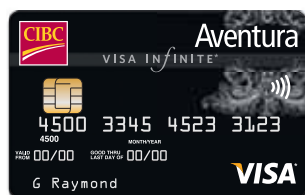
FREE WINGS FOR A YEAR!



Earn up to 20,000 Aventura Points, plus no annual fee for the 1st year.¹



The new CIBC Aventura® Travel Rewards Program.
So good even penguins can fly™.



With flights for as little as 10,000 points, you'll be flying in no time. But hurry! You need to apply by March 31, 2014, to receive the offer.



Visit us at cibc.com/penguinscanfly or call 1 855 813-9803.

¹ Offer applies to newly approved eligible Aventura credit card accounts only for applications received between January 1 and March 31, 2014; transfers from an existing CIBC credit card are excluded. Bonus points and annual fee rebate awarded to the primary cardholder. Qualifying purchases must be made to receive bonus points. Offer may be withdrawn or changed without notice at any time. Conditions apply; for details visit cibc.com/penguinscanfly. ² Aventura Points can be redeemed for up to 100% of the cost of airfare as well as (if you have sufficient Aventura Points) for taxes and other charges on airfare purchased through the CIBC Rewards Centre. You must book all flights through the CIBC Rewards Centre. Some taxes and other charges may be collected locally/when you are travelling, and cannot be prepaid; please ask a CIBC Rewards Centre Counsellor for specific details. Visa™ and Visa Infinite™ are trademarks of Visa Int./CIBC lic. user. All other trademarks are owned by CIBC or related entities.

Heartbreaking Twitter stream holds life lessons

'Be good to each other.' Video of Ottawa woman's brain cancer tweets goes viral

LUCY SCHOLEY
lucy.scholey@metronews.ca

When Shannon McKarney woke up Wednesday morning, her inbox was flooded with emails about a woman she will never meet.

The digital consultant said she never expected her video about an Ottawa woman named Amanda to go viral. McKarney followed Amanda's tweets about her experience with brain cancer, but only after it was too late. Amanda died last April, according to her Twitter feed.

"That could be anybody. That could be me," said McKarney, in a phone interview with Metro. "I thought it was wonderful how she handled the diagnosis."

So McKarney, who re-

cently moved from Ottawa to Toronto, compiled Amanda's tweets about her illness into a video that's set to the song Let Her Go by Passenger.

Feminist website Jezebel first picked it up, then BuzzFeed contacted her. The video has earned more than 33,000 hits on YouTube since McKarney posted it last week.

She's asking anyone who knew Amanda to contact her for details. She said she was hesitant to post the video because she was not sure if Amanda's family would approve. She said it's meant to be a tribute, but if it makes family members upset, then she will take it down, "no questions asked."

On Jan. 14, 2013, Amanda posted: "My doctor office just called to discuss some test results. That can only be bad, right?"

On Jan. 18: "Results are in: advanced glioblastoma multiforme."

On Jan. 19: "Deciding what to do for the rest of my life."

On Jan. 21: "I just resigned



A screen grab from the video compiling tweets from Amanda, an Ottawa woman who died from cancer in April. YOUTUBE

from my job. No point when I have 3 months to live, right? I wonder if I'll get my pension money."

On March 25: "I left my iPhone on the kitchen table before I went to Cuba + Central America for two months.

The people were spectacular."

On April 10: "Don't spend time being angry at people. Forgive them. Life is entirely too short."

Later that day: "Tomorrow, I go back to the hospital for the last time. Thank you

all for the good vibes. Be good to each other."

The final post is on April 15: "My dear little sister Amanda passed away from brain cancer last night-James." **WITH FILES FROM TORSTAR NEWS SERVICE**

Man gets 9 years for stabbing wife at wedding

A Gatineau man who stabbed his wife with a broken bottle at a friend's wedding will spend nine years behind bars.

Jorge Mejias Sanchez will also likely be extradited to his native Cuba, a courtroom heard Wednesday morning. The permanent resident, who will turn 50 at the end of the month, is also prohibited from contacting his wife or

the other witnesses who testified at his trial this week.

Justice Rosemarie Millar didn't mince words. She described the event as "brutal," even without testimony from Sanchez's wife. The woman, who didn't need to testify because Sanchez pleaded guilty earlier this week, suffered cuts to her mouth and chest. She needed 100 stitches and

still has not returned to work, as she's dealing with post-traumatic stress and undergoing psychiatric treatment.

The couple were attending a wedding Aug. 25, 2012, during what Justice Millar described as a hot, beautiful day. Everything was fine until the couple started arguing around supper time. According to testimony by witnesses

at the wedding, Sanchez hit his wife several times and left the room. Fifteen minutes later, he returned and stabbed her with a broken bottle. By that time, police were on scene and Sanchez was restrained and arrested. The woman was taken to hospital.

"People had to jump on Mr. Sanchez to stop him,"

said Justice Millar.

Both the Crown and defence requested nine years in jail. Sanchez has been in custody since his arrest, so he will get 1.5 years of credit for time served.

Crown lawyer Sylvain Petitclerc said the newlyweds were also "victims of collateral damage."

LUCY SCHOLEY/METRO



Learn French... the Write Way!

Ideal for Federal Government Employees or Anyone Looking to Improve Their French Skills

Reading & Writing Test Preparation – Jan 21st to Feb 27th 2014 (30 hrs)

Level B - Oral Interaction – Jan 20th to April 23rd 2014 (65 hrs)

Level C - Oral Interaction – Jan 21st to April 17th 2014 (65 hrs)

Marc Saint-Onge 613-742-2493, ext. 2760

La Cité des affaires

msaint@lacitec.on.ca

www.frenchthewriteway.ca



LA CITÉ DES AFFAIRES

LA CITÉ
LE COLLÈGE D'ARTS APPLIQUÉS
ET DE TECHNOLOGIE

1 NEWS



DJ Shub performs during the Red Bull Thre3style World Finals third pre-qualifier at Reggie's Rock House, in Chicago, Ill., in September 2012. Shub, along with DJ ACRO, take over the Black Sheep Inn this weekend for an Ottawa DJ showcase in Wakefield, Que. COURTESY OF ROBERT SNOW

Black Sheep Inn pulling out 1s and 2s for DJ showcase

'Totally unrehearsed.'
Iconic music venue sets sites on new audience with electronic concert



TREVOR GREENWAY
trevor.greenway@metronews.ca

The Black Sheep Inn in picturesque Wakefield will see a bit of a different crowd this weekend when Ottawa DJs ACRO and Shub take over the stage for an electronic music showcase featuring five local selectors.

The two headliners will take

crowds through virtually every genre of music — everything from hip-hop, soul and funk to dubstep, techno and house. ACRO, a.k.a. Trevor Wakeford, and A Tribe Called Red's DJ Shub will be going back to back for two full hours.

"I think we are going to go all over the place with this one," Wakeford told Metro Wednesday afternoon.

"With a two-hour set, we have a lot of breathing room to go wherever we want. We both play such different styles of music and at the same time play a lot of similar styles of music. It's totally unrehearsed and we just love it."

Wakeford said partygoers shouldn't expect a "random dance party" at this weekend's show, but more of an electronic music showcase with the likes of Chelsea-based DJ Matt Tamblyn and Ceremony DJs Adam Saikaley and Gary Franks rounding out the bill.

The DJ showcase is the brainchild of Kelly Symes, daughter of Black Sheep owner Paul Symes, who spent the summer interning with an artist development agency in Los Angeles.

Kelly has thrown a few hip-hop parties at the Sheep, but this will be the first all-DJ bill at the Wakefield music venue. It's something she's experimenting with to cater to a different crowd.

"It's good for a place like this to do something that caters to a youth crowd because so much of the time our crowd is coming from Wakefield, Chelsea or Ottawa and it's an older crowd and it's a bit of a cabaret style," said Symes.



DJ ACRO CONTRIBUTED

'Not impossible'

Young Symes to take over juke joint?

Kelly Symes couldn't avoid talking about when her father, who built the Sheep from the ground up to one of the country's top music venues today, chooses to retire.

When asked if she would be taking over, she laughed and said, "It's not impossible."

Paul Symes told Metro Wednesday that he is looking ahead on a "five-year plan" for the bar, but would love to one day hand the keys down to his 25-year-old daughter.

"Kelly has a good knack at music, she is the perfect person to take it over on the music programming side, no doubt about it, but there is all the other stuff," he said referring to liquor licenses, permits and organization of the bar, not to mention the responsibility of running an establishment that serves alcohol.

"It's what I am hoping she will grow into, it's just a matter of developing a more complete understanding of the business and the nuances of running the type of business we have."

Quoted

"With a two-hour set, we have a lot of breathing room to go wherever we want. We both play such different styles of music and at the same time play a lot of similar styles."

ACRO, a.k.a. Trevor Wakeford, on playing back-to-back sets with A Tribe Called Red's DJ Shub at The Black Sheep Inn in Wakefield, Que., this weekend.

Set times

- Matt Tamblyn: 9 p.m.-10 p.m.
- DJ ACRO and DJ Shub 2x4 DJ set: 11 p.m. – 1 a.m.
- Adam Saikaley and Gary Franks: 10 p.m.-11p.m.
- Doors open at 8 p.m. with tickets at going for \$7.

SKI & SNOW CELEBRATION



DESIGNER & TECH SKIWEAR 20-30% OFF*

MEN'S & WOMEN'S

Bogner, Fire & Ice, Fusalp, Kjus and Goldwin.

*Discount taken off original price.

BEST BRANDS FASHION SPORTSWEAR 50% OFF*

MEN'S & WOMEN'S

Sweaters, Shirts, Pants, Skirts & Dresses by Barbour, Line, Free People, Fred Perry, Scotch & Soda, Original Penguin, Superdry, Roxy & more.

*Excluding basics, new arrivals, coats and jackets.



SKI DEALS

MEN'S

HEAD REV 75 SKI \$349⁹⁹*

Installed with Head bindings while you wait

2013 ROSSIGNOL RADICAL 9GS CASCADE TI SKI \$499⁹⁹*

Installed with Rossignol bindings while you wait

WOMEN'S

2013 SALOMON BBR SUNLITE \$299⁹⁹*

Installed with Salomon bindings while you wait

SALOMON LAVA SKI \$499⁹⁹*

Installed with Salomon bindings while you wait

SKI BOOTS & HELMETS

HEAD NEXTEDGE MYA 80 SKI BOOTS \$299⁹⁹*

SALOMON QUEST ACCESS 70M SKI BOOTS \$249⁹⁹*

SMITH TRANSPORT HELMET \$99⁹⁹*

*While quantities last.



A **SPORTING LIFE** COMPANY

464 BANK STREET STORE

Phone: (613) 236-9731 | Toll Free: 1 (888) 888-7547

HOURS: Mon-Fri 9:30 AM - 9:00 PM, Sat 9:00 AM - 6:00 PM,

Sun 10:00 AM - 5:00 PM

Shop
TANDL.COM

Football. Redblacks ink player with NFL past

The Ottawa Redblacks got some NFL experience on the roster this week when they signed defensive back Reggie Jones, who spent the past five seasons with several NFL teams.

The roster now sits at 43 players after the CFL's newest team also inked import linebackers Jasper Simmons and Brandon Denson, but Redblacks general manager Marcel Desjardins said the number could double when training camp opens this spring.

NFL experience aside, Desjardins said the team is excited for Jones to join the squad, as he "brings a lot to the table."

The 6-foot, 200-pound 27-year-old spent the past five seasons with the New Orleans Saints, Washington Redskins, Minnesota Vikings and Dallas Cowboys of the NFL.

Desjardins said he expects a lot from linebacker Denson, who spent the past two seasons with the CFL's Hamilton Tiger-Cats and Montreal Alouettes.

Quoted

"For us it's just a function of just trying to find the best player that we have seen, whether it be in the CFL or elsewhere."

Marcel Desjardins, Redblacks general manager, on newly signed defensive back Reggie Jones.

The 6-foot, 240-pound linebacker recorded 45 tackles in four seasons with the Michigan State Spartans.

"As a linebacker, he has got size, as a defensive end, he would be considered an undersized defensive end and that might be how we use him as a rush-end type," added Desjardins.

"He is just a very explosive athlete. We want to see him rush the passer off the edge and see what he can do there."

Simmons joins the Redblacks after spending 2011 and 2012 with the Toronto Argonauts.

TREVOR GREENWAY/METRO



Ottawa Redblacks' new recruit, Reggie Jones. GETTY IMAGES FILE

Rockfest pledges not to repeat last year's chaos

Just erase the memory.

Amnesia Rockfest founder handing over 2014 festival logistics to Festival d'été de Québec



TREVOR GREENWAY

trevor.greenway@metronews.ca

Dominic Laplante couldn't wait to invade Montebello with a bunch of friends at last year's Amnesia Rockfest.

But when he got there, he had to wait in line for hours even though he bought his tickets in advance. By the closing day of the event, the toilets were overflowing, there was garbage strewn about the entire site and the scene turned into a Woodstock-type mess.

"There was not enough toilets, there was s-t everywhere, it was crazy," said Laplante.

"The fun was there, but it was waiting around. The logistics were poorly managed."

Laplante was thrilled to find out that organizers of this year's fest are serious about last year's woes.

Rockfest president and founder Alex Martel announced Wednesday that he has handed over logistics and production to Festival d'été de Québec for this year's festival, slated for June 20 and 21 at the Montebello Marina.

"Obviously, it didn't work as I wanted it to last year and I am confident with Festival d'été de Québec that everything is going to be top-notch," Martel told Metro



Marilyn Manson sings at last year's Amnesia Rockfest in Montebello. CONTRIBUTED

following a press conference in Gatineau Wednesday.

"I started this festival when I was 17 and I started it from scratch. I always wanted it to be perfect. It's my baby. It was just a necessary change."

Some of the changes include mailed-out wristbands and two entry points to avoid long lineups, strategic placement of bathrooms, better sanitation and a big-

ger site to accommodate for the 160,000 concertgoers expected.

Rockfest received major scrutiny last year when it forced smaller up-and-coming bands to pay cash if they wanted to play on one of the festival's five stages.

That won't happen this year — the bands will be paid and the best of them will open for headliners on the mainstage.

Details yet to come

Wednesday's press conference didn't leak details about this year's lineup, but punk rockers NOFX have already been confirmed.

- Martel said the full lineup announcement is expected at the end of the month.

HURRY
OFFER ENDS FEB 2



SAMSUNG GALAXY S4™

WE'RE STILL IN THE GIVING MOOD

Get our true Unlimited data, Canada-wide talk, global text & voicemail+ plan with a Samsung Galaxy S4 and get a free Samsung Galaxy S4 flip cover - \$40 value.

\$39
/month

WIND
true mobile freedom™

Over 1000 reasons to shop...



THE
Upper Room
— home furnishings —

#27:

Whether you have a spacious estate or a cozy condo, we have furniture to compliment your space.

2670 QUEENSVIEW DRIVE | UpperRoomHome.ca

WINTER SALE ON
NOW!

L-Desk
Ret. \$699

ONLY \$399



Ask about

THE
Rewards
—Program—

IKEA

Highway 417



Queensview Dr.

Pinecrest Rd.



Broke & Educated: No need to rob a bank to make this heist film

Crowdfunding.

Ottawa filmmakers push for \$280K on latest movie venture

Three well-educated, hard-working young people wind up in mediocre jobs with lousy bosses and crummy clients. So they rob a bank.

That's the premise behind an up-and-coming Ottawa film, *Broke & Educated*. Co-creators Adam Kirkey and Matthew Bell are hoping local movie buffs will help them break their \$280,000 crowdfunding goal.

"We both dealt with a lot of terrible bosses and terrible clients," said Kirkey, a 27-year-old filmmaker with Slinger Pictures.

The film centres on an accountant, an architect and someone who works in a creative field, who find them-

selves fed up and financially constrained. The film's title is also an acronym for B&E, noted Kirkey.

Bank heist aside, it's a comedic take on a story that's familiar to many millennials: a hard-earned education with a dead-end job. Kirkey said he wanted to make a film that many people can relate to — with some humorous exaggerations.

One boss in the movie is so egocentric that he has paintings of himself around his office. He puts one of the main characters in charge of firing many employees — then that character is canned.

The film's budget is \$670,000, but the crowd-sourcing goal starts at \$280,000 with a "stretch goal" of raising the full amount.

Kirkey said they are enticing donors with T-shirts, backstage passes to a day on set and a personalized com-



A still from the crowd-sourcing campaign video for *Broke & Educated*, an Ottawa-based film. Matthew Bell, left, and Adam Kirkey, second from left, are the co-creators. CONTRIBUTED

edic song from Bell. Whether they meet the fundraising goal or not, Kirkey said they will find some way to come

up with any remaining cash for the film.

Kirkey has also written and directed *A Case of De-*

ceit, which won third place for best drama victory at the Buffalo International Film Festival last year.

Filming for *Broke & Educated* will start this spring, with a premiere goal of 2015.

LUCY SCHOLEY/METRO

Rewards. Just around the corner.



Introducing Vicinity

The points program where you earn rewards at your favourite local shops, businesses and restaurants.



Sign up at loveyourhood.ca



™ Vicinity is a trademark of Rogers Communications ©2013

Freddy Krueger coming to Ottawa ComicCon

The third edition of Ottawa ComicCon is getting even more of a blast from the past this year with new additions to the lineup, including "Doc" from the *Back to the Future* trilogy who will pose for photos next to a replica DeLorean time machine.

Christopher Lloyd, who played Emmett "Doc" Brown alongside Michael J. Fox in the classic films, will also take questions in a Q & A and give autographs.

Robert Englund, who played the famed villain Freddy Krueger in the *Nightmare on Elm Street* films, will also bedazzle guests as one of the headline guests for 2014. The horror films are also celebrating their 30th anniversary this year.

ComicCon 2014 will be held at the Ernst & Young Centre from May 9-11. Tickets go on sale Thursday at noon.

JOE LOFARO/METRO



Michael J. Fox, left and Christopher Lloyd arrive at the Scream Awards on Oct. 16, 2010, in Los Angeles.

MATT SAYLES/THE ASSOCIATED PRESS

Home invasion

Two people fight, disarm robbery suspects

Three armed men suspected of robbing an east Ottawa home on Nov. 21 may have left with cash and cell phones, but their weapons were no match for the residents. Police say the men entered a home along the 1300 block of Avenue R at about 4 p.m. The residents — a male and a female — had somebody over at the

time. After a fight, the duo managed to disarm the three men, but not before they ran off with cash and cell phones. The visitor also fled the scene. Both residents of the home suffered minor injuries. Nooredin Hassan, one of the suspects, turned himself into police Tuesday. The 18-year-old has been charged with several offences, including three counts of robbery, one count of theft under \$5,000 and two counts of possession of a weapon dangerous to the public.

LUCY SCHOLEY/METRO

Big spender

Devoted shopper wins \$10,000

An avid Glebe shopper is getting a \$10,000 shopping spree at Glebe businesses. Sylvie Reichert got the windfall after entering a ballot. "It feels surreal, the last time I won anything was when I was 11 or 12 years old. It's just amazing and exciting and it's given my family an extra boost of positivity," said Reichert.

METRO



RBC Royal Bank

Turn once a week into once in a lifetime.

adds up to
\$16,856*
in 10 years

\$9,091*
6 years

\$4,206*
3 years

Investing
\$25
a week

Explore life after kids. Start investing \$25 a week, today.

Whether your goal is a trip to Mount Fuji, transforming your bathroom into a spa, or restoring a classic car, investing each week can help you get there.

**Start today. Visit a branch or
rbc.com/blossom or call 1-866-783-5995.**

Advice you can bank on®



Financial planning services and investment advice are provided by Royal Mutual Funds Inc. (RMFI). RMFI, RBC Global Asset Management Inc., Royal Bank of Canada, Royal Trust Corporation of Canada and The Royal Trust Company are separate corporate entities which are affiliated. RMFI is licensed as a financial services firm in the province of Quebec. * The example assumes a 5% annual rate of return in a Tax-Free Savings Account. Example is strictly for illustrative purposes only and not intended to be representative of the performance of any actual or future investment available to investors. Actual client returns may differ substantially. © /TM Trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. Used under licence. © 2014 Royal Bank of Canada. All rights reserved.

Canadian who joined militants killed in Syria

Damian Clairmont.

22-year-old Calgary man is believed to have converted to Islam and joined recognized terrorist group



JEREMY NOLA
Metro in Calgary



Damian Clairmont FACEBOOK

A Calgary high school dropout has been killed by soldiers with the Free Syrian Army while fighting for a recognized terrorist group, according to a friend's online post.

Damian Clairmont, 22, born in Nova Scotia, is believed to have converted to Islam,

joined a force called Jabhat al-Nusra and departed for Syria in late 2012 to join rebel efforts to overthrow the government of President Bashar al-Assad.

"My bro ... Abu Talba al-Canadi executed by FSA!" wrote Abu Turan al-Muhaljr on Twitter, before posting a photo of Clairmont, who was known

by multiple names.

Al-Muhaljr later identified the man in the photo as Clairmont and added that he "was killed while defending himself and his brothers from the FSA onslaught in Aleppo."

But Canadian Foreign Affairs officials offered no specifics on Clairmont's fate amid inquiries made Wednesday.

"We are aware of reports that Canadians have been killed in Syria," said spokesperson Jean-Bruno Villeneuve in an emailed response. "We are following the situation closely."

An unnamed Canadian security source did confirm Clairmont's death to Torstar News Service, but did not provide specifics on the circumstances.

WITH FILES FROM TORSTAR NEWS SERVICE



An Indian policeman stands outside the police station which is investigating the gang-rape of a Danish tourist in New Delhi, India, Wednesday. TSERING TOPGYAL/THE ASSOCIATED PRESS

Police say Danish tourist gang-raped in New Delhi

A 51-year-old Danish tourist was gang-raped near a popular shopping area in New Delhi after she approached a group of men for directions, police said Wednesday.

Police spokesman Rajan Bhagat said two people were arrested after a daylong search for the suspects.

The woman also was robbed and beaten in the attack, which happened Tuesday near Connaught Place, Bhagat said. The attack is the latest crime to focus attention on the scourge of sexual violence in India.

The woman asked the men for directions to her hotel, Bhagat said. They lured her to a secluded area where they raped her at knifepoint, according to the Press Trust of India.

The woman managed to reach her hotel Tuesday evening and the owner called police.

"When she came, it was miserable," said Amit Bahl, owner of the Amax hotel in the Paharganj area. The woman was crying and "not in good shape," he said.

"I am really ashamed that this happened," said Bahl, who sounded shaken.

The woman, whose name was not released, was on her way back to Denmark, said Ole Egberg Mikkelsen, head of the Danish Foreign Ministry's consular department in Copenhagen, which handles cases involving Danes abroad. Egberg Mikkelsen said the woman had received assistance from Indian

and Danish authorities, and that her next of kin had been contacted.

An Indian police official said the woman boarded a flight home Wednesday morning.

The problem of sexual violence in India has gained widespread attention since the horrific gang rape and murder of a 23-year-old woman on a moving bus in December 2012. Public fury over the case has led to more stringent laws that doubled prison terms for rape to 20 years and criminalized voyeurism and stalking.

But for many women, particularly the poor, daily indignities and abuse continue unabated and the new laws have not made the streets any safer.

THE ASSOCIATED PRESS

LOOK WHAT JANUARY HAS
TO OFFER AT 240 SPARKS
SHOPPING CENTRE!

WINTER SIDEWALK SALE.
JANUARY 8TH TO 18TH.

Explore the specials and savings throughout the mall!

240 Sparks has over 20 shops, services
and restaurants to choose from,
all in one convenient downtown location!

Shopping

Holt Renfrew • Brentons
Elisa G • Za Za Jewelry and
Accessories • Rexall

Restaurants

The 3 Brewers • Marcello's
Market & Deli • Jimmy the
Greek • Timothy's • LUNCH
Subway • Asian Gourmet
Teriyaki Experience • Tutto
Pasta • Manhattan's Hand
Made Burgers

Services

Shear Heaven Hair Design
Merhi Quality Hair Repair
Hillary's Cleaners
Appletree Medical Centre
Sparks Dental Clinic
Alterna ATM • Frisco ATM
Ultimate Currency Exchange



Free underground parking
weekdays after 5:00 pm and
all-day on weekends.

WWW.240SPARKS.COM

Myanmar. Military still using rape as a weapon of war, say rights activists

A soldier in full uniform saw the seven-year-old in her front yard soon after her parents left to tend to their rice paddies in Myanmar's restive state of Shan. She said he ordered her inside the family's bamboo hut.

"He hit me and told me to take off my clothes," the girl told the tightly packed courtroom in a whisper, as her alleged assailant, Maung Win Htwe, looked on, stone-faced.

"Then ... he raped me."

Rights activists in Myanmar, also known as Burma, say the army continues to use rape as a weapon of war nearly three years after President Thein Sein's nominally civilian government ended a half-century of brutal military rule. On Tuesday, the Women's League of Burma released a report documenting more than 100 rapes, almost all in townships plagued by stubborn ethnic insurgencies. THE ASSOCIATED PRESS

Volatile Dagestan region

Gunfight leaves 5 dead in Russia

A shootout between security forces and militants in the volatile Russian region of Dagestan killed five people, authorities said.

The gunbattle broke out after militants barricaded themselves inside a home in the village of Karlanyurt, Dagestan Investigative Committee spokesman Rasul Temirbekov said.

The fatalities included three security force members and two militants.

THE ASSOCIATED PRESS

KIA

15TH

ANNIVERSARY SALE

THROWBACK PRICING

PAYMENTS LIKE THEY WERE 15 YEARS AGO



Automobile Journalists
Association of Canada

"BEST NEW SUV"

(\$35,000 - \$60,000)



Sorento EX shown⁺

THE NEW 2014 SORENTO

hwy / city 100km⁺
7.1L/10.4L

WAS
~~\$159~~

THROWBACK PRICING

\$124[¢] BI-WEEKLY for the first 15 MONTHS.

6-SPEED AUTOMATIC

0%[¢]
financing

Includes Variable Throwback Pricing Incentive. \$124 bi-weekly payments include \$1,120 Throwback Pricing incentive. Payments are based on 2014 Sorento 2.4 LX AT FWD (SR75BE). 60-month financing amortized over 84 months. After 15 months, bi-weekly payments increase to \$159. Principal balance of \$8,255 due after 60 months. Throwback Pricing incentive may be taken as a lump sum or to reduce financed amount.*



Sportage SX shown⁺

2013 SPORTAGE

hwy / city 100km⁺
6.5L/9.7L

WAS
~~\$148~~

THROWBACK PRICING

\$108[¢] BI-WEEKLY for the first 15 MONTHS.

6-SPEED AUTOMATIC

0%[¢]
financing

Includes Variable Throwback Pricing Incentive. \$108 bi-weekly payments include \$1,280 Throwback Pricing incentive. Payments are based on 2013 Sportage LX AT FWD (SP752D). 60-month financing amortized over 84 months. After 15 months, bi-weekly payments increase to \$148. Principal balance of \$7,679 due after 60 months. Throwback Pricing incentive may be taken as a lump sum or to reduce financed amount.*



7 PASSENGER
SEATING
AVAILABLE



Rondo EX Luxury shown⁺

THE ALL-NEW 2014 RONDO

hwy / city 100km⁺
6.2L/9.4L

WAS
~~\$128~~

THROWBACK PRICING

\$88[¢] BI-WEEKLY for the first 15 MONTHS.

0%[¢]
financing

Includes Variable Throwback Pricing Incentive. \$88 bi-weekly payments include \$1,280 Throwback Pricing incentive. Payments are based on 2014 Rondo LX MT (RN551E), financing for 84 months. Offer includes \$750 loan credit[†]. After 15 months, bi-weekly payments increase to \$128. Throwback Pricing incentive may be taken as a lump sum or to reduce financed amount.*

OFFER ENDS JANUARY 31ST



WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty.

Proud Partner of
madd⁺
Saving Lives. Supporting Victims

Kia's new Customer Friendly Pricing includes delivery and destination fees, dealer admin. fee up to \$399 and all mandatory government levies. Prices do not include licensing or applicable taxes.

FIND MORE GREAT OFFERS AT KIA.CA



The Power to Surprise

Offer(s) available on select new 2013/2014 models through participating dealers to qualified retail customers who take delivery by January 31, 2014. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to \$1,665, \$54 tire recycling/miller charges, \$5 OMVIC fee, environmental fee, variable dealer administration fees (up to \$399) and \$900 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes and financing options also available. *Throwback Pricing available O.A.C. on financing offers on new 2013/2014 models. 0% financing for 84 months example: 2014 Rondo LX MT (RN551E) with a purchase price of \$23,995 (including \$1,665 freight/PDI and \$399 administration fee) financed at 0% for 84-month period equals 32 reduced bi-weekly payments of \$88 followed by 150 bi-weekly payments of \$128. Cost of borrowing is \$0 and total obligation is \$23,995. Throwback Pricing incentive varies by model and trim level and may be taken as a lump sum or to reduce the financed amount. The Throwback Pricing incentive for the 2014 Rondo LX MT (RN551E) shown is \$1,280 (a \$40 reduction in 32 bi-weekly payments). Limited time offer. See retailer for complete details. Throwback Pricing is a trademark of Kia Canada Inc. 60/84 Amortization Financing Example: 2013 Sportage LX AT (SP752D)/2014 Sorento 2.4L LX AT FWD (SR75BE) with a purchase price of \$26,878/\$28,895 (including \$1,650/\$1,665 freight/PDI and \$399 administration fee) financed at 0% for 60 months amortized over an 84-month period equals 32 reduced bi-weekly payments of \$108/\$124 followed by 98 bi-weekly payments of \$148/\$159 with a principal balance of \$7,679/\$8,255 plus applicable taxes due after 60 months. Cost of borrowing is \$0 and total obligation is \$26,878/\$28,895. Throwback Pricing incentive vary by model and trim level and may be taken as a lump sum or to reduce the financed amount. The Throwback Pricing incentive for the 2013 Sportage LX AT (SP752D)/2014 Sorento 2.4L LX AT FWD (SR75BE) shown is \$1,280 (\$1,200 (a \$40/\$55 reduction in 32 bi-weekly payments). Limited time offer. Offer excludes HST and other applicable taxes. See retailer for complete details. †Loan credit for 2014 Rondo LX MT (RN551E) is \$750 and is available on purchase financing only on approved credit (OAC). Loan savings vary by model and trim and are deducted from the negotiated selling price before taxes. 0% purchase financing is available on select new 2013/2014 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. *Model shown Manufacturer Suggested Retail Price for 2014 Sorento 3.3L EX AT AWD (SR75HE)/2013 Sportage 2.0T SX Navigation (SP759D)/2014 Rondo EX Luxury (RN756E) is \$34,995/\$39,345/\$32,195. *Highway/city fuel consumption is based on the 2014 Sorento LX 2.4L GDI 4-cyl (AT)/2013 Sportage 2.4L MPI 4-cyl (AT)/2014 Rondo 2.0L GDI 4-cyl (MT). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the EnergyGuide Fuel Consumption Guide. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

Investigation finds Google displaying illegal web ads

'Google must correct this.' Canada's privacy commissioner is also pushing the company to make it easier for consumers to be heard

Google has been caught afoul of the law by displaying web ads linked to a person's health history, according to Canada's interim privacy commissioner Chantal Bernier.

An investigation by her office backed up a man's complaints that he was seeing so-called behavioural advertisements based on his web browsing history. After searching for information about devices to treat sleep apnea, he began to see ads for those de-

vices as he browsed the web.

While behavioural advertising is not illegal, Canada's privacy law does not allow consumers to be targeted based on "sensitive personal information," including their health.

Google's privacy policy outlaws displaying advertisements based on race, religion, sexual orientation or health. But the Mountain View, Calif.-based company acknowledged that some advertisers using its ad-serving platform were not following the policy.

Google has pledged to upgrade the system that reviews ads for compliance, increase the monitoring of ads, and provide more information to advertisers and staff about the rules.

"The monitoring system was not tight enough, not ro-

bust enough to ensure compliance, it wasn't extensive enough to deal with the volume of ads," said Bernier in an interview.

"What this brings to light is the complexity of ensuring compliance in relation to on-line behavioural advertising and therefore the compliance mechanisms, the monitoring, the training of staff, the frequency of reviews has to be really brought up."

The company, which declined an interview request, said it will implement the changes by June.

"We've worked closely with the office of the privacy commissioner throughout this process and are pleased to be resolving this issue," said a Google Canada spokeswoman in a statement.

THE CANADIAN PRESS



Abortion clinic protest rules up for debate

Alan Hoyle, of Lincolnton, N.C., stands outside the U.S. Supreme Court in Washington, D.C., on Wednesday. The court heard arguments on the regulation of protests at abortion clinics and seemed likely Wednesday to strike down a Massachusetts law setting a 10-metre protest-free zone outside clinics.

EVAN VUCCI/THE ASSOCIATED PRESS

Interested in
Apprenticeship?

Our state of the art facilities include a computer lab, high-tech glazing equipment, swingstage and much more!

Call us today to find out how you can start your pre-apprenticeship in the Architectural Glass and Metal Technician trade.

Registration is limited so apply early!



Are you looking for an exciting, long-term and profitable career in a skilled trade?

The OIFSC is seeking interested participants in the Ottawa area to enter a 33-week Architectural Glass & Metal Technician Pre-Apprenticeship training program. The program includes complete Health & Safety training, Basic Level Apprenticeship training and a paid 8-week work placement. *There is no cost to participate in this program.*

If you are interested in applying for the program or would like more information, please contact Daniel Dufault at the Ontario Industrial & Finishing Skills Centre by telephone at 613-228-5222.



This Pre-Apprenticeship Training Program is funded by the Government of Ontario.

Ratapooley

Rodents carry diarrhea-causing bacteria: Study

Just when you thought the reputation of urban rats couldn't sink any lower, new research has proven the critters carry bacteria that causes diarrhea in humans. B.C. scientists found *C. difficile* in the poop of 13 per cent of the rats studied from Vancouver's Downtown Eastside, according to research published in the *Journal of Applied and Environmental Microbiology* in December.

METRO IN VANCOUVER

'Decision time'

Baird gets pushy about passing the pipeline

In an attempt to press the Obama administration on its own turf, Foreign Affairs Minister John Baird used the first day of a Washington visit to repeatedly call for a prompt decision on the Keystone XL pipeline. He made clear the Canadian government's frustration over the prolonged approval process. THE CANADIAN PRESS

Hempology 101. Club riles UBC student admin with weed-vapourizer party



A staffer reaches for a vapourizer Wednesday at B.C. Marijuana Party headquarters in Vancouver. KATE WEBB/METRO IN VANCOUVER

Ain't no party like a UBC vapour party — because that's the kind of party that can get you expelled.

Student administrators at the University of British Columbia are investigating the campus's Hempology 101 club for holding an indoor 4:20 meeting last week enticing people to "stay dry and get high" in the Student Union Building (SUB).

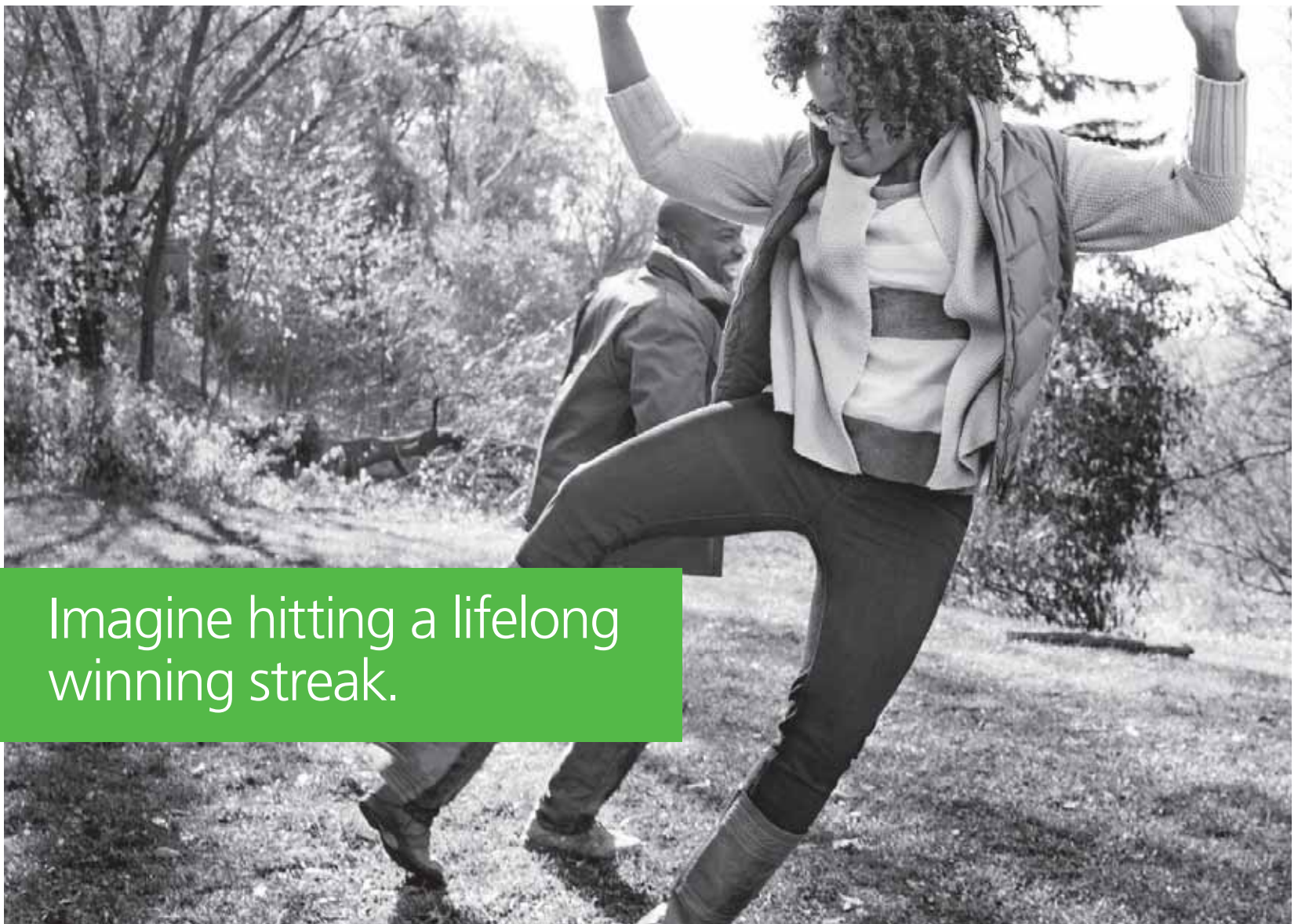
Club treasurer Corbin Manson did not respond to repeated interview requests from Metro, but after he spoke to the UBC student

newspaper, the club posted a statement on its website calling the party "wildly successful."

"I want to set the record straight: There is no conclusive evidence that Hempology 101 has broken any laws," wrote one of the executives (it is unclear which one).

The student paper, *The Ubyesey*, reported that 25 people attended the meeting and a towel was placed under the door to keep the vapour in.

KATE WEBB/METRO IN VANCOUVER



Imagine hitting a lifelong winning streak.

Saving is winning.

There's something really exciting about seeing your money grow. From saving up for something special to contributing to your RSPs, TD has automated savings options that make paying yourself first an easy, affordable and effective way to save. Make saving a winning lifelong strategy today.

Visit a branch or
tdsavingswinning.com



Sea piracy. Attacks fall to a six-year low after major progress in Somalia

World sea piracy fell for a third straight year in 2013, as Somali pirates were curbed by international naval patrols and improved ship vigilance, an international maritime watchdog said Wednesday.

The International Maritime Bureau said global pirate attacks fell to a six-year low of 264, down from 297 in 2012 and 439 in 2011. Pirate attacks have declined since hitting a peak in 2010 with 445 attacks.

A total of 12 vessels were hijacked, with more than 300 crew members taken hostage and one killed during 2013, according to data compiled by the London-based bureau's piracy reporting centre in Malaysia.

"The single biggest reason for the drop in worldwide piracy is the decrease in Somali piracy off the coast of East Africa," said IMB director Capt. Pottengal Mukundan.

Somali pirates have been deterred by international navies, stronger vessels, the use of private armed security teams and the stabilizing influence of

Problem areas

The IMB said West African piracy took a turn for the worse and accounted for 19 per cent of global attacks last year.

- Nigerian pirates accounted for 31 of the region's 51 attacks, more than in any year since 2008, it said.
- Across the Indonesian archipelago, the IMB said piracy has surged but were mainly "low-level opportunistic thefts." A total of 106 cases were reported, up from 81 in 2012, it said.

Somalia's central government, the bureau said.

Only 15 attacks were reported off Somalia and in the Gulf of Aden, the lowest since 2006. It was also down sharply from 75 cases in 2012 and 237 in 2011.

THE ASSOCIATED PRESS

Bosnia opens library to house ancient manuscripts



A security worker passes by old books during the opening ceremony of Gazi Husrev-bey library in Sarajevo, Bosnia, Wednesday. AMEL EMRIC/THE ASSOCIATED PRESS

Permanent home. Qatar funds library for ancient books and manuscripts saved by residents during the Bosnian war

On Wednesday, thanks to a \$9 million donation from Qatar, Bosnia's president and a Qatar minister opened a new library in the heart of the Ottoman-era Old Town section of Sarajevo to house the biggest collection of oriental books and manuscripts in Southeast Europe. The oldest is a handwritten Islamic encyclopedia that was written in Arabic in 1105.

The Gazi Husrev-bey Library is located on the site of a famous mosque and Islamic school of the same name that was opened in 1531. The books and manuscripts were kept there from 1537-1863, then moved to another building.

During Bosnia's 1992-95 war, Serb artillery pounded the city for years, often targeting only cultural sites.

About 3 million books went up in flames, along with hundreds of original documents from the Ottoman Empire and the Austro-Hungarian monarchy. The texts from the smaller Gazi Husrev-bey's Library were saved in time by residents who moved the manuscripts from basement to basement.

Qatar's Islamic affairs minister, Ghaith bin Mubarak Al Kuwari, called the library a "temple of knowledge and culture" that will be open to all people, regardless of their nationality and religion.

He explained that Qatar regards the Balkans as a strategically important region because of the different religions that have lived together here for centuries. Qatar also supports the efforts of the Balkan Muslims to serve Islam in a moderate way.

THE ASSOCIATED PRESS

NSA implanted computers worldwide with spyware

The National Security Agency has implanted software in nearly 100,000 computers around the world — but not in the United States — that allows the U.S. to conduct surveillance on those machines, The New York Times has reported.

The Times cited NSA documents, computer experts and U.S. officials in its report about the use of secret technology using radio waves to gain access to computers that other countries have tried to protect from spying or cyber attacks. The software network could also create a digital

highway for launching cyber attacks, the Times reported Tuesday.

The Times reported that the technology, used by the agency for several years, relies on radio waves that can be transmitted from tiny circuit boards and USB cards inserted covertly into the computers.

The NSA calls the effort an "active defence" and has used the technology to monitor units of China's army, the Russian military, drug cartels, trade institutions inside the European Union and sometime U.S. partners against terrorism like Saudi Arabia,

India and Pakistan, the Times reported.

Among the most frequent targets of the NSA and U.S. Cyber Command, the Times reported, has been China's army. The United States has accused China's army of launching regular attacks on American industrial and military targets, often to steal secrets or intellectual property.

When Chinese attackers have placed similar software on computer systems of American companies or government agencies, U.S. officials have protested, the newspaper reported.

THE ASSOCIATED PRESS

London

Urn of Sigmund Freud damaged in attempted robbery

British police are hunting burglars who tried to steal the ashes of psychoanalyst Sigmund Freud from a London crematorium.

The Metropolitan Police force said Wednesday that a 2,300-year-old Greek urn containing the remains of

Freud and his wife, Martha, was severely damaged in a break-in at Golders Green Crematorium on Dec. 31 or Jan. 1.

The father of psychoanalysis moved to Britain from Nazi-controlled Austria in 1938. He died in London in September 1939, aged 83. His remains, and those of his wife, who died in 1951, had sat in an urn atop a plinth inside the 112-year-old crematorium. THE ASSOCIATED PRESS

Congo

Runway landing impairs drone

An unarmed UN drone, part of a new program to monitor armed groups in the conflict-ridden region of eastern Congo, was damaged on Wednesday after sliding off the runway into the grass while trying to land. The incident occurred as it was returning from a mission. THE ASSOCIATED PRESS

For the Queen. Chocolate castle, enamelled beetles among unusual gifts

Queen Elizabeth II received dozens of traditional gifts last year — but she also got some unusual items.

The High Commissioner for Bangladesh gave the Queen four enamelled Scarab beetles, and Sri Lanka's president chose a portrait of the monarch burned onto a tree trunk. The maker of Mars Bars gave her a chocolate version of Windsor Castle.

Some of the more lavish items included a family photograph in a gold frame set on a jeweled ostrich egg and a five-strand pearl neck-

With love, from Canada

- The Lieutenant Governor of Saskatchewan gave Queen Elizabeth a diamond and tourmaline brooch last year.
- A Canadian artist presented Princess Anne an art print of the Queen's daughter riding a moose.

lace, given by the president of the United Arab Emirates.

THE ASSOCIATED PRESS

New York

Kittens break into max security jail

A litter of four kittens has found a cosy home in the least cosy of places — the basement of the maximum-security Great Meadow prison in Fort Ann in

upstate New York.

The family of feral felines has been cared for by inmates and prison staff. Head electrician Bruce Porter arrives at work early so he can tend to the cats, which live in a large cage built by an inmate.

THE ASSOCIATED PRESS

Sharing food makes the heart grow fonder, at least in chimps



Two chimpanzees share a piece of watermelon at Taronga Zoo in Sydney, Australia. RICK STEVENS-TARONGA ZOO/GETTY IMAGES FILE

Love hormone. Study found both the giver and receiver of food had higher levels of oxytocin, indicating sharing makes both parties feel good

A study published Wednesday appears to confirm that friendships are forged at mealtimes, at least for our closest living relatives.

Scientists from Germany, Switzerland, Britain and the

Quoted

"We think food sharing can help spark new friendships, whereas grooming is more for confirmation of existing relationships."

Roman Wittig, Max Planck Institute for Evolutionary Anthropology in Germany

United States have found that chimpanzees who share their food have higher levels of oxytocin, known as the love hormone, than those who don't.

Oxytocin has previously been linked to bonding between mothers and their breastfeeding babies, both in primates and humans.

Roman Wittig of the Max Planck Institute for Evolutionary Anthropology in Leipzig, Germany, said chimpanzees had more than twice the level of oxytocin after sharing food than after mutual grooming — another important bonding behaviour in primates.

Julia Lehmann, an evolutionary anthropologist, said the results appear to support the idea that food sharing can extend social benefits normally found in animals who are related to each other to those dining partners who aren't related. In other words, the way to a chimp's heart is through its stomach.

THE ASSOCIATED PRESS



EFFECTIVE 6-SYMPTOM COLD & FLU RELIEF, DAY OR NIGHT.

The non-drowsy, stuffy head, sore throat, nasal congestion, coughing, aching, fever, seize the day even with a cold...medicine.



The nighttime sniffing, sneezing, sore throat, coughing, aching, fever, so you can sleep with a cold...medicine.



VICKS DAYQUIL & NYQUIL

To ensure this product is right for you, always read and follow the label. Keep out of reach of children.

© Procter & Gamble, Inc., 2014.

Official Sponsor of the Olympics. 36 USC 220506

UN to grill Vatican on sex abuse allegations

Public showdown. Holy See forced to defend treatment of children in front of independent experts on Thursday

The Vatican is gearing up for a bruising showdown over the global priest sex abuse scandal, forced for the first time to defend itself at length and in public against allegations it enabled the rape of thousands of children by protecting pedophile priests and its own reputation at the expense of victims.

The Holy See on Thursday will be grilled by a UN committee in Geneva on its implementation of the UN Convention on the Rights of the Child. Among other things, the treaty calls for signatories to take all appropriate measures to protect children from harm and to put



Pope Francis waves as he arrives for his weekly general audience in St. Peter's Square, at the Vatican, Wednesday. ANDREW MEDICHINI/THE ASSOCIATED PRESS

children's interests above all else.

The Holy See ratified the convention in 1990 and submitted a first implementation report in 1994. But it didn't provide progress reports for nearly a decade, and only submitted one in 2012 after coming under criticism following the 2010 explosion of child sex abuse cases in Europe and beyond.

Victims groups and human rights organizations teamed up to press the UN committee to challenge the Holy See on its abuse record, providing written testimony from victims and evidence outlining the global scale of the problem. Their reports cite case studies in Mexico and Britain, grand jury investigations in the U.S., and government fact-finding inquiries from Canada to Ireland to Australia that detail how the Vatican's policies, its culture of secrecy and fear of scandal contributed to the problem.

Their submissions reference Vatican documents that show its officials knew about a notorious Mexican molester decades before taking action. They cite correspondence from a Vatican cardinal praising a French bishop's decision to protect his abusive priest, and another Vatican directive to police from their policies. The submissions even quote the former Vatican No. 2 as saying bishops shouldn't be expected to turn their priests in.

"For too many years, survivors were the only ones speaking out about this and bearing the brunt of a lot of criticism," said Pam Spees, an attorney at the Center for constitutional Rights. THE ASSOCIATED PRESS

New study. Bird's-eye view shows high flyers aren't just winging it in flying V

The next time you see birds flying in a V, consider this: A new study says they choreograph the flapping of their wings with exquisite precision to help them fly.

That's what scientists concluded after tracking a group of large black birds — each equipped with a tiny GPS device — that had been trained to follow an ultralight aircraft. One expert in animal flight said

just gathering the data, which included every wing flap, was a remarkable accomplishment.

Scientists have long theorized that many birds like these rare northern bald ibises adopt a V formation for aerodynamic reasons.

When a bird flies, it leaves a wake. The idea is that another bird can get a boost from an up-draft of air in that wake by flying behind. THE ASSOCIATED PRESS

Tax cheat hotline

Tories offer cash reward to snitches

The lines are now open to snitch on tax cheats.

The federal Conservatives launched the hotline Wednesday, saying they'll also reward informants who provide information that leads to a big bust.

Informants who provide information on major international tax evasion of more

than \$100,000 could get between five and 15 per cent of the money that's recovered, excluding interest and penalties, said Revenue Minister Kerry-Lynne Findlay.

"This will be a critical tool for recovering taxes that would otherwise be lost to tax cheats," she said.

Informants won't get anything if they've been convicted for being part of the tax-dodge scheme, she added.

THE CANADIAN PRESS

CAREER TRAINING

Pursue Career Training as a Personal Support Worker

Graduate in 7 months and pursue a career at:

- Long-term care facilities
- Home health care agencies
- Retirement homes/residences



www.EverestCanHelp.ca

Call Now for More Information!

1-866-643-6377

**OTTAWA EAST
OTTAWA WEST**

Everest COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

14 CONVENIENT LOCATIONS IN ONTARIO

Programs and schedules vary by campus • Morning and afternoon classes available
Career services assistance available to graduates • Accredited Member, ACICS
Financial assistance may be available for those who qualify

ARE YOU AN INTERNATIONALLY TRAINED ENGINEER?

Examination Skills Preparation Program

for the Professional Practice Exam (PPE),
as administered by Professional Engineers Ontario (PEO)

This program includes topics in engineering, legal and ethical practices in the Ontario workplace, as well as techniques and strategies for internationally trained engineers to successfully write the PPE.

Course Details:
February 3 - March 12, 2014
Monday and Wednesday evenings • Time: 6:15pm – 9:15pm
Register now at: www.ospe.on.ca/event/ESP3
Course Fee: \$99 + HST

Course fee includes all required textbooks, course manual and one year OSPE membership, based on eligibility.

Questions about the course? Contact us at 1-866-763-1654 ext.238 or avig@ospe.on.ca

Ontario Society of Professional Engineers

Funded by:

In partnership with:

Your country needs you ... to lose some weight

Best and brightest, but not always lightest.

Police units and armies struggle to find recruits who are fighting fit



ELISABETH BRAW

Metro World News in London, U.K.

Recently Mike Harper ran into the wife of a police officer friend on a Dallas street.

"She told me she was worried about his safety because his colleagues are overweight," he recalls.

The wife had good reason to be concerned. Even though American police officers should be fitter than average, a comprehensive study reports that they're less fit than half of the population.

"They have to be able to crawl and run," notes Harper, a fitness educator in charge of police and military programs at the Cooper Institute in Dallas.

"These are not tasks that you do every day, but it's critical that you're able to do them. It's like using a firearm. You don't need it every day, but when you do need it, it's essential that you know how."

And police officers are not the only ones with a weight problem. According to Lt. Gen. Mark Hertling, no less than 75 per cent of civilians wanting to join the U.S. Army are ineligible due to being overweight.

And "of the 25 per cent that could join, what we found was 65 per cent could

not pass the (physical training) test on the first day," he said in a speech.

"Young people joining our service could not run, jump, tumble or roll. These are the kind of things you would expect soldiers to do if you're in combat."

According to the U.S. National Center for Health Statistics, between 1959 and 2008 the percentage of men who were ineligible for military service because of their weight doubled, while the percentage of ineligible women tripled.

Even though Hollywood portrays army physical training as extremely gruelling, the fitness test for new soldiers is surprisingly low.

"Fifty push-ups, 40 sit-ups and a 1.5-mile run in less than 10 minutes," notes Stew Smith, a former Navy SEAL who now runs a fitness company for soldiers and officers.

Now armed forces and law-enforcement agencies are getting serious about fitness, enlisting companies like Smith's and the Cooper Institute to train their staff. Some, like the British Army, have even developed apps to help applicants get fit. In fact, many former elite soldiers have discovered a business niche in fitness companies.

However, fitness apps won't really make a difference, observes Smith.

"The police and military do their best with what society brings them, but this is a society-wide problem. A financially struggling population will keep eating crappy, inexpensive food."



Fat chance: While experts contend that police officers should be in prime physical state, in truth they have the same weight problem as the rest of the population. GETTY IMAGES



Stew squat: Former Navy SEAL turned fitness instructor Stew Smith puts police officers through a squatting exercise. COURTESY STEW SMITH

Russia

Rotund get rejected

In recent years, Russia's much-maligned police force has been trying to revamp its image, including tackling obesity among officers.

"The fat and paunchy will

not get through," former interior minister Rashid Nurgaliyev said in 2011.

The force was literally slimmed down by 20 per cent. Police are now obliged to pass physical tests, with top performers getting a bonus salary. **EVGENIY MORUZ/METRO WORLD NEWS IN MOSCOW**

Canadian Forces work with what they've got

It's hard enough to attract recruits to the Canadian military or police forces without worrying about fitness.

An internal Defence Department audit released last year noted that "fitness and education levels of recruits in the last five years have been slightly lower than in the past," when compounded with other factors such as mobility, changing career expectations and an aging workforce.

Recent reports show that American police and armed forces are struggling to find new recruits who satisfy the weight restriction.

It's slowly becoming the case in Canada too. The Canadian Forces have been adapting their application process to accommodate its changing applicant pool.

In 2006, the military eliminated the Canadian Forces Applicant Physical Fitness Test as a pre-enrolment

True calibre

"I think the challenge is not necessarily recruiting the numbers. I think the challenge is recruiting the quality of individual that the Canadian Armed Forces is looking for."

Christian Leuprecht, Royal Military College and Queen's University professor

screening process, with some exceptions.

Instead of a physical test right off the bat, the evaluation is done once they've been

admitted to basic training. The three per cent that fail are not disqualified — rather, they are given the option to join the 90-day Warrior Fit-

ness Training Program.

Recruits who get in shape within the 90 days are returned to basic training.

But the changes don't necessarily mean the Canadian Forces are lowering their standards to bring in more recruits, according to Christian Leuprecht, a Royal Military College and Queen's University professor who has spent years studying military demographics and recruitment.

"I think it's important to

realize — just like the way companies can't expect the people who wander through the front door to have all the skills that a company might need and that a company invests in training — the Armed Forces look at the potential that the candidates bring rather than necessarily candidates that already have all the physical attributes that the organization is looking for," he said.

PHOEBE HO/FOR METRO IN TORONTO

Has Colorado gone to pot? High prices a total buzzkill

Up in smoke.

While legal marijuana dispensaries bring in the green, issues have blunted enthusiasm



KIERON MONKS
Metro World News

There has been a party atmosphere around Colorado's marijuana dispensaries since recreational sales became legal at the turn of the year.

"People have been queuing for four to five hours," says Ryan West, an employee at a Denver dispensary. "Everyone is so excited and proud to be in the first state to legalize, and there is so much room to grow."

West is a product of that growth, hired on Jan. 1 to cope with a boom that saw sales of more than \$5 million inside the first week. Fewer than 200 dispensaries are licensed to sell the drug for recreational use and that number is set to rise, while related industries such as "weed tourism" are also growing rapidly.

But there have been unintended consequences,

Laws sprouting like weeds

Further states are expected to legalize recreational sales, with Oregon likely to be next. But Colorado has shown the complications as well as the potential.

with prices more than doubling in some cases to more than \$400 US an ounce (28 grams). This is far higher than the rates of illegal dealers, allowing them to compete, despite the claims of marijuana advocates that a legal industry would replace the black market.

Illegal dealers are also benefitting from police confusion over new laws that have seen an 80 per cent drop in prosecutions since 2012, including for distribution. "Law enforcement feels like they don't know which way to turn," Tom Raynes, executive director of the Colorado District Attorneys' Council, told the Denver Post.

Campaigners supporting legalization believe these issues are temporary glitches.

"There has been historic demand at a historic moment, but as the number of licenses grow the demand and price will settle," Taylor



Sam Walsh, left, a budtender, and facility manager David Martinez set up marijuana products as the 3D Denver's Discrete Dispensary prepares to open for retail sales on Jan. 1 in Denver, Colo. Legalization of recreational marijuana sales in the state went into effect at 8 a.m. on New Year's Day. THEO STROOMER/GETTY IMAGES

West, deputy director of the National Cannabis Industry Association, told Metro.

"At that point the underground market will become obsolete."

But the industry faces

structural difficulties. Banks are currently forbidden from holding money generated through drug sales, forcing businesses to operate in cash, which demands more labor and risk. They are also

denied tax advantages of other businesses through a gap between state and federal law.

"Banking and tax are the big areas we are working on now in Washington," said

West.

"We hope as other states see the example of Colorado, the growth of the industry and its advantage over the criminal market, we will see more progress."

DUST MITES AND THE ALLERGIES THEY CAUSE ARE IN EVERY ROOM.

SNEEZING? ITCHY EYES? STUFFY NOSE?

THERE'S ROOM FOR YOU IN OUR RESEARCH STUDY.

Help us to test an investigational immunotherapy tablet for dust mite allergy. Participants may be eligible for this study if they are 12 years of age or older and have been taking allergy medications for dust mite allergy symptoms during the past year.

Medical history and other criteria will be reviewed at the first study visit, including a skin prick allergy test and blood test. The study lasts up to 2 years and requires 9 clinic visits. All study-related office visits, medical examinations, and investigational immunotherapy treatment will be provided at no cost to qualified participants.

Call today for more information:
Dr. Charles Frankish 613-599-5700 ext 23 | kanataallergy@gmail.com

DynaMITE

Daddy, I got \$500 in dragon food! Apple to refund \$32M in app purchases by kids

Apple will refund at least \$32.5 million US to consumers to settle a federal case involving purchases that kids made without their parents' permission while playing on mobile apps, the government announced Wednesday.

The Federal Trade Commission said Apple will make full refunds for any such in-app purchases made by kids using mobile phones and other devices, and incurring charges by accident or without parents' permission.

Apple will have to change

its billing practices to make it more obvious that an actual purchase is taking place during the course of the game or app.

The commission said it had received tens of thousands of complaints about unauthorized charges.

Edith Ramirez, the agency's head, said the settlement involves mobile apps and charges racked up when kids bought things such as virtual currency or dragon food. In some cases, Ramirez said, charges ran into the hundreds and even thousands of dollars. **THE ASSOCIATED PRESS**

Circle your calendar

Nordstrom 2016

Nordstrom Inc. says it will open a department store at the Toronto Eaton Centre in 2016. **THE CANADIAN PRESS**

Market Minute

DOLLAR
91.37¢ (+0.03¢)

TSX
13,772.58 (+80.20)

OIL
\$94.17 US (+\$1.58)

GOLD
\$1,238.30 US (-\$7.10)

Natural gas: \$4.33 US (-\$0.02)
Dow Jones: 16,481.94 (+108.08)

THE EH-LIST: THE BEST OF CANADA

It's time to thank everyone you know, strike up the band (mid-sentence) and put one foot in front of the other, before a smiling woman in heels points out you're walking in the wrong direction.

Yes, it's awards season. I'd have described it better, but I didn't think I'd be called upon for this honour so I didn't prepare anything.

The Golden Globes have been handed out, the Oscar nominations were announced today, and The Canadian Screen Awards are back one year after they first combined the Genies and the Geminis into the coveted Geminies.

The CSAs seemed to meet our country's high standards, which is why I was excited to have full, exclusive access to this year's show, which was pre-recorded yesterday and remains distinctly Canadian despite some faint U.S. echoes:

Red carpet. Oh, my. The recurring themes this year were boots and Roots! And you've never seen such an array of plaid. I



HE SAYS

John Mazerolle

metronews.ca

don't want to give away who everyone was wearing, but let's just say it was a very good year for French designer Jacques Cousteau.

In memoriam. A video montage of all the great entertainers we lost in 2013 is intercut with smug Canucks saying, "They were Canadian, y'know" at every opportunity.

Orchestra pit. By law, 40 per cent of the orchestra's play-off music was CanCon. Also by law, 40 per cent of that was New Orleans is Sinking.

Lifetime achievement award. The City of Toronto was honoured for its recurring, life-long film portrayal of Chicago.

Big Winners. I'm sworn to secrecy or the Trailer Park Boys will mess me up, but here are the top contenders:

Gravity Canada: Same as the American version, except Perfect Human and Everyastronaut Chris Hadfield plays the George Clooney role, meaning nobody dies, none of the space stations are destroyed, and he puts the satellites back together

while holding a video town hall with schoolchildren in Sarnia.

Canadian Hustle: One hundred and thirty eight minutes of Mike Duffy coverage, captured in the tagline, "If you thought cameras weren't allowed in the Canadian Senate, think again."

Blue is the Coldest Colour: Set during February in Edmonton, the movie's lesbian love scenes aren't much to look at because they happen under 27 layers of blankets.

Her, eh?: A lonely writer falls in love with his BlackBerry. She loses most of her self-worth and he moves on to his new girlfriend Siri after a couple of weeks.

Conrad Black: Protracted Constitutional to Freedom: This stirring story brought to you with funding from Conrad Black deals with one of Canada's greatest heros as he struggles valiantly against oppression, including being thrown in jail and even stripped of his nationality. Each ticket-holder is given a dictionary and thesaurus upon entrance.

That's my sneak peek, Canada! I have very little time left but I'd just like to thank —

(New Orleans is Sinking.)

Aw, nuts. Sorry.

ZOOM

Sending up some protection



CHUNG SUNG-JUN/GETTY IMAGES

Anti-NK balloons fly over border

North Korean defectors, including former soldiers, release prophylactic-shaped balloons due to fly to the North, carrying leaflets condemning North Korean leader Kim Jong-un.

Letters on the balloons at the rally near the demilitarized zone between the two Koreas read: "End the world's worst three-generation dictatorship." **METRO**

By the numbers

500,000

Anti-North Korea pamphlets.

1,500

USB flash drives loaded with the Korean-language version of the online encyclopedia Wikipedia.

1,000

United States one dollar bills and DVDs detailing human rights abuses in the North.

Activist's viewpoint

"There is clearly enormous hunger for outside information in North Korea. USB keys are one of the most powerful tools, because they're small, can be hidden and shared easily, and carry massive amounts of data."

Thor Halvorssen, president of the U.S.-based Human Rights Foundation



Sending a signal: Around 50 tiny transistor radios were also included in the floating packages headed to North Korea.

CHUNG SUNG-JUN/GETTY IMAGES

Clickbait



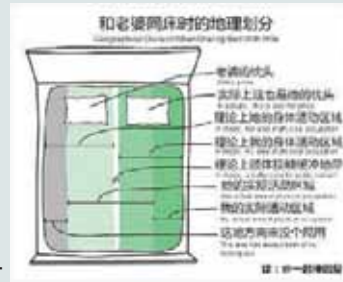
IRENE KUAN
Metro Online

Wasting time surfing the web shouldn't be a regular activity but sometimes, you just have to. Here are some sites that I guarantee: Just one click will get you hooked.

ChinaSMACK:

A website devoted to news about the world's most populous country is bound to be fascinating. Founded in 2008, ChinaSMACK posts stories found in Chinese media that are trending on microblogging sites like Weibo. Most of the articles have been translated from Chinese to English, so the quality of the writing isn't great, but you won't care once you start reading some of the crazy stories being talked about amongst Chinese netizens. Learn what a "human flesh search" is.

Distractify: One of the newer entries on the web, this site is similar to BuzzFeed, often posting entertaining, albeit useless articles. Wouldn't you like to learn about 'The 29 most infuri-



SCREEN GRAB

ating things EVER?' Business Insider has called Distractify one of the fastest growing sites ever, with over 10 million Facebook shares since its launch in October.

Upworthy: This social media site posts viral articles that encourage debate amongst its readers. They say they will not clutter the site with "pageview-juking slideshows," but do admit the site is biased, hence "speaking the truth." It can get a little spammy with pop-up ads, since they don't make any actual money yet.

Twitter

Google is in trouble for ads based on health info searches. @metropicks asked: Do ads like this make you feel violated?

@RobbieRobb: If I search online for anything I expect it to be fair game for advertising.

@Russell_Barth: google is YET to suggest any Medical Marijuana products or sites, oddly...



Comments

RE: New facial recognition app 'creepy', says kids entertainer Raffi, published online Jan. 10
Facial recog is only getting better and will never go away. The moment we sent our single photo to the cloud, our faces became public property, worse, all your info and images on FB belong to that company, meaning that they can even sell them if they so wish
johnnyive, posted to metronews.ca

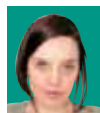
WE WANT TO HEAR FROM YOU:
Send us your comments: ottawalatters@metronews.ca



From left: Our Lady Peace's Raine Maida, a portrait of a girl and Sloan's Chris Murphy. PHOTOS COURTESY CAPTIVISION PHOTOGRAPHY

'Let the photos speak for themselves'

CaptiVision Photography.
Photographer who was
born blind pursuing his
passion



**BACKSTAGE
PASS**
Jen Traplin
ottawa@metronews.ca

After about half a dozen surgeries Dylan Johnson now has limited vision but is considered legally blind.

"I see a lot more out of my left eye than I do my right eye but it's hard to explain. When you think about it, it's kind of hard to explain something you've had your whole life. I don't know what 20/20 is like," he says.

Three years ago Johnson



Dylan Johnson is the owner of CaptiVision Photography. SEAN MCKIBBON

took up photography as a hobby after his wife bought him a DSLR camera.

"Before then, I had never really thought about pursuing photography because I could never really see that well to think I could do it," he admits.

But that all changed when Johnson decided to test out his new toy.

"I thought I was taking really good pictures but they turned out crap. So I started researching what I was doing and how I was doing it and, apparently, I was doing every-

Online

To view more of
Johnson's work,
visit [captivision
photography.com](http://captivisionphotography.com).



thing you're not supposed to do. From there, I decided to get better and actually learn the art of photography and how to actually take a picture properly," says Johnson.

Just more than a year ago, he launched his own company — CaptiVision Photography — and has already been hired for some big events like last year's Ottawa Dragon Boat Race Festival, where he was one of the main photographers for Sloan and Raine Maida.

Although he has had nothing but support from family, friends and potential clients thus far, Johnson admits his skills may be a tough sell.

"A lot of people are very surprised at what I do and the pictures I take but some people might not be as eager to support the blind photographer," he says with a laugh.

"People may have some second thoughts about that."

Regardless, Johnson's passion for photography is an inspiring story for everyone to pursue their dreams, regardless what kind of adversity you may face.

"I just want people to know that I have a visual impairment and I am legally blind but I can still achieve what I'm striving for," he says. "Let the photos speak for themselves."

visit metronews.ca

Prolific Wolf premieres latest cop drama, still finds time to write a book

Chicago P.D. Veteran producer shows no signs of slowing down with high hopes for newest shows

Hours before last week's premiere of his new series, *Chicago P.D.*, Dick Wolf acknowledged he was nervous. Actually, "terrified" was the word he used.

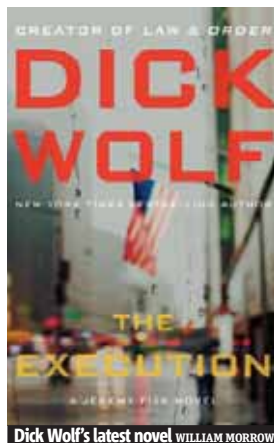
This from a TV impresario whose credits include the hydra-headed *Law & Order* franchise and whose shows have been a prime-time mainstay every season for a quarter-century.

The morning after it premiered, Wolf would learn that a solid 8.6 million viewers had tuned in.

Airing Wednesdays on Global at 10 p.m. ET/PT, the show is centred around the Chicago Police Department's scrappy Intelligence Unit; the series pits Detective Sgt. Hank Voight and his team against the worst killers, drug traffickers and mobsters the Windy City can deliver.

A righteous cop who plays dirty when he needs to, Voight is in good hands with series star Jason Beghe in a portrayal that began on last season's *Chicago Fire*, an action drama about big-city firefighters, which is midway through its second robust season. (*Chicago Fire* airs Tuesdays on Global at 10 p.m. ET/PT.)

At 67, Wolf is a veteran producer whose resumé reaches back to Miami Vice



Dick Wolf's latest novel WILLIAM MORROW

in the mid-1980s, and who, through much of the past two decades, kept the lights on at NBC when it had little else anybody would watch.

His métier is the full-scale broadcast network drama spanning a season of two dozen self-contained episodes, and with it he prospers, even now in an era when edgy cable fare in serialized gulps of a dozen or fewer hours commands much of TV's buzz and critical acclaim.

Wolf drew an analogy between the indie-film model of these cable-TV series as compared with broadcast networks' mainstream-movie paradigm in describing *Chicago P.D.* as "a big, old-time television top-drawer series production."

Last week Wolf was also marking the publication of his latest novel.

The *Execution* brings back NYPD Detective Jeremy Fisk, whom Wolf introduced in his first novel,



Jason Beghe as Detective Sgt. Hank Voight, left, and Sophia Bush as Erin Lindsay in a scene from *Chicago P.D.* MATT DINERSTEIN/NBC/THE ASSOCIATED PRESS

The *Intercept*. Now Fisk's Joint Terrorism Task Force is back on high alert as an elusive assassin heads to Manhattan for United Nations Week. "There are stories that are just too big for a series episode or even an arc," said Wolf when asked what prompted his literary ventures.

But how did Wolf, with his TV empire to tend, find time to be an author?

"I've got small kids," he replied with a laugh before sharing iPhone photos of his 6-year-old daughter and 3-year-old son. "I have a very pleasant existence in Montecito (Calif.). I'm on a school schedule now, home

in the morning 90 per cent of the time. So writing became a routine."

What he called "my quiet hope" is that these thrillers and their hero might inspire an annual Jeremy Fisk mini-series.

But weekly, scripted drama remains Wolf's true forte. He considers himself

Quoted



"Is it retro? Not to me. I just think it's a really good cop show."

Dick Wolf, TV Producer
On *Chicago P.D.*'s two dozen self-contained episodes on broadcast television

a businessman generating inventory with a lucrative afterlife as cable repeats.

"The stakes are so huge for the next decade!" he said, picturing the same happy prospect for his *Chicago* shows.

Meanwhile, he's thinking internationally. He produces a *Law & Order* edition for the United Kingdom, *Law & Order: Criminal Intent* in France and Russian versions of *CI* and *SVU*, among other global iterations.

"I'd really like that to happen with (*Chicago*) *Fire* and *P.D.*," he said. "Every big city on the planet has a police department and a fire department. How about *Paris Fire*?"

And all the better if, back home, this domestic duo spawns a third *Chicago* series. How about *Chicago Justice*?

"From your lips to Mr. Nielsen's ears," Wolf replied. "But there's no possibility of that happening unless *P.D.* succeeds. So believe me when I say that our entire focus is getting this one to work." THE ASSOCIATED PRESS

Science guy? Seth MacFarlane explores the final frontier in new *Cosmos* series

Seth MacFarlane, creator of *Family Guy* and voice of Stewie on the animated Fox show, is bringing his love of space exploration to television.

He's the executive producer of *Cosmos: A Spacetime Odyssey*, a 13-part series that will debut March 9 on Fox. It will also air on the National Geographic Channel.

Best known for his profane animated series and Oscar-hosting duties last year, MacFarlane's head has been in the stars since he first saw

Carl Sagan's original *Cosmos: A Personal Voyage* as a youngster.

MacFarlane suggested to *Cosmos* host Neil deGrasse Tyson that the show should be pitched to Fox to garner a broader audience.

"I was pleasantly greeted with enthusiasm, and I didn't have to stop doing Stewie or anything," MacFarlane told the Television Critics Association on Monday.

THE ASSOCIATED PRESS



Seth MacFarlane talks to the Television Critics Association about the new space exploration series *Cosmos: A Spacetime Odyssey*. GETTY IMAGES

10 DAY SALE! JANUARY 10 TO 19!

BOOKS ON BEECHWOOD

Books: 20% Off

Calendars: 30% Off

In stock items only!

www.booksonbeechwood.ca

staff@booksonbeechwood.ca

@beechwoodbooks

613-742-5030

35 Beechwood Ave.



Liam Payne. ALL PHOTOS GETTY IMAGES

Liam Payne apologizes for living on the ledge

One Direction member Liam Payne says he is sorry for being "stupid and irresponsible" after he was photographed standing on a building ledge 34 stories above the ground.

A photo published Wednesday in British tabloid the Sun shows the boy-band singer standing on the ledge of a high-rise with a city that appears to be London behind him.

The 20-year-old said in a

statement that "I regret being there and having a photo taken. It was a stupid and irresponsible thing to do."

He urged fans not to imitate his "extremely dangerous" behaviour.

The band emerged from Simon Cowell's British TV series The X Factor in 2010 and became one of the world's top-selling groups, with three albums topping U.S. music charts.

THE ASSOCIATED PRESS

Lohan orders police protection for party

Lindsay Lohan likes to use protection, apparently. While in London this week, the scandal-prone starlet reportedly put in a call to the Metropolitan Police to provide an escort for a 10-foot walk from her car to a venue for a friend's birthday party, according to the Mail Online. Lohan apparently felt she needed the beefed up security detail because of a clutch of paparazzi waiting and she reportedly asked the police to arrest the photographers for loitering. **METRO**



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Duff needed more marriage stuff from Comrie



THE WORD
Dorothy Robinson
scene@metronews.ca

It looks like Hilary Duff and her soon-to-be ex-husband, ex-NHL star Mike Comrie, tried marriage counselling for over 18 months before announcing their separation. But in the end, it wasn't enough to save their union as apparently Comrie didn't do "any of the things they'd worked on."

A source (aka: "someone from Huff's PR team") told Us Weekly, "She felt he didn't put enough effort into the

relationship," they said. "He never did anything!"

One reason for the not-doing-stuff? Comrie had to retire from professional hockey in 2012 due to a constant hip injury.

A source to Life & Style echoes this sentiment. "He's in the house all day, every day," an insider tells the mag. "It was a strain on the relationship."

The couple announced two weeks ago that they "have mutually decided to an amicable separation" and will "remain best friends and will continue to be in each other's lives." The two are parents to the toddler Luca, of whom they'll have joint custody.

It certainly looks like an amicable split, with Hilary tweeting, "Mike and I are sitting here, we are so appreciative for all of your kindness & well wishes." She continued, "not an easy day but we're getting thru it together."



Gisele Bündchen

No Superbowl stress in the Bündchen-Brady house

It may be NFL playoff time in the Tom Brady-Gisele Bündchen household, but the stress doesn't carry over at home.

"He's very focused," the 33-year-old Bündchen said of Brady, quarterback for the New England Patriots, in a recent interview. "We are both very supportive of one another in what we do. ... Of course

nobody likes to lose.

"Those aren't the best days. He knows he does his best. He works extremely hard."

The three-time Super Bowl champ and his New England Patriots travel to Denver to play the Broncos on Sunday for the AFC championship.

THE ASSOCIATED PRESS

Twitter



@solangeknowles

Just called my bf to report hearing noises in the house. Go to check on my son, only to find out he's been up since 2 too. HE is the "noise".



@lenadunham

Did the thing I swore I'd never do: got a public massage at an airport kiosk. It hurts not to know yourself anymore.



@AnnaKendrick47

Aren't we supposed to have meals in pill form by now? Cause at least once a week I open my fridge and think "s---, I need to make water"



FABULOUS BRANDS YOU WON'T FIND ANYWHERE ELSE

Keep snack time delicious and nutritious

SHOPPERS
DRUG MART



Throw out the style rule book

Fashion magazines often try to rule our wardrobes with a vice-like, arbitrary and indiscriminating grip. No one should dare to brave horizontal stripes. Under no circumstances should any woman in her 40s wear a short skirt. But it's all rubbish really, isn't it? And at the end of the day, don't we have enough intellectual capacity to know when something works and something doesn't? We enlisted Julie Ragolia, the fashion director of Man Of The World magazine who's styled Lady Gaga, to help us throw out the fashion rule book.

KIT GILBERT
Metro World News



Ripped jeans are for teenage girls and Britney Spears only

Ripped jeans are a sign of a journeyed and well-lived life. A hole in the knee reflects a willingness to fall, always an admirable quality in a woman. Paired with a smart clutch and an elegant heel, a ripped jean can be quite chic.

Wearing one pattern head-to-toe is a bad idea

A woman should never leave the house looking like a tablecloth. Accessories can help prevent that: a great belt, the right bag...solid, strong pieces can tie it all together and break up a pattern before it goes bad. I'm a big fan of patterns overall. Before wearing one pattern head to toe, consider mixing mismatched patterns. It's a surefire way to boldly own a look, and is surprisingly more subtle than one would think.



Unless you are Alexa Chung, don't attempt to conquer double denim

As a devotee to Ralph Lauren and Levi's, I've been schooled to the contrary. I live for double denim. If tones and fabric weights are in balance, I say try for a triple play. I often wear chambray shirts with vintage jeans and a denim jacket. Throw an oversized Navajo knit cardigan over the shoulder to break things up now and then.

Midi skirts require six-inch heels

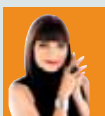
I'm a tomboy, and a busy fashion director, so super high heels are not at all practical on a day-to-day basis. A sleek Chelsea boot or a brogue can look just as sexy with a pencil skirt as any heel.



Be wary of costume pieces

To a degree, yes, however one statement piece, such as an oversized necklace, or ski-goggle-inspired sunnies, are costume done right.

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



Exploring the wonders of the deep at the new #Ripley's Aquarium Speaks to the #Pisces in me! Beautiful....



With my dear, beloved friend @BryanAdams in the throes of our shoot for @YorkdaleStyle #Yorkdale50

Canadian street style

Spotted in: Toronto

Name: Alexandria

Age: 22

Occupation:
Graphic design student

What she's wearing : Jacket by Wilfred, backpack and shoes by Roots, shirt by T. Babaton, blazer/jacket by Zara, necklace by Marc by Marc Jacobs and pants by Guess.

Her inspiration :
"My peers, blogs and my travels."



THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT - AN E-NEWSLETTER PROGRAM - AND A WEEKLY NEWS-PAPER SECTION TOO!

3 LIFE

Smart storage for small spaces

From inside secret drawers to above the doors, there's always a forgotten space that can keep useful items out of sight



DESIGN CENTRE
Karl Lohmes
home@metronews.ca

Q: Although my condo is not small, I seem to have a lot of stuff and not enough storage. I need some ideas for keeping my stuff off the floor and hidden away.

A: For some people, "out of sight, out of mind" can be dangerous. Without seeing what you have, it could easily be forgotten.

Do you have a growing collection of vintage dishes or too many shoes and accessories? Perhaps it's time to purge some of your stuff instead of storing it somewhere.

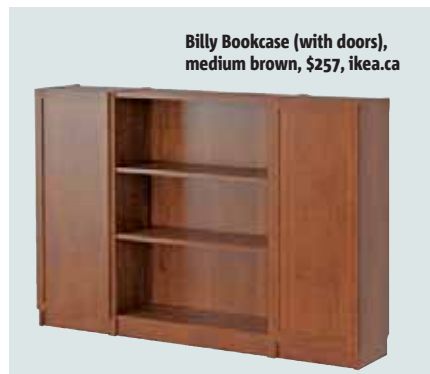
But for stuff you don't want to get rid of, there are many places in our homes that are great for storing and displaying, from inside secret drawers to above the doors, there's always a forgotten space that can keep useful items out of sight.

In the sofa

Looking for a new sofa? Choose one that offers a storage drawer under the seat cushion (similar to a trundle bed) or look for a sleeper sofa that offers storage with the mattress.

Under the bed

Elevate your bed an additional



Billy Bookcase (with doors), medium brown, \$257, ikea.ca



Bed Lifts, \$13, bedbathandbeyond.ca

five inches to hide luggage pieces or storage drawers. Rarely used luggage makes for perfect out-of-season clothing storage.

Add an extra shelf in your closet. Hanging a shelf one foot off the floor will instantly give you double the shoe storage and hanging another shelf one foot below the ceiling will

offer up extra storage for out-of-season dishes or specialty baking pans.

A seat with storage

The secret to an organized room is to make the furniture look like it's there for style, not storage. A padded top allows for extra seating in the foyer, at

the end of the bed or along an empty wall.

Other ideas

- Tea cup hooks discreetly installed behind curtains are a great way to hide hanging scarves, necklaces and hats out of sight in a bedroom.
- Adding a 24-inch bracket or

decorative floating shelf above your door entrances will help hold small containers or books.

• Think of your china cabinet for more than just dishes. A small-scale vintage cabinet can display books behind glass doors or store shoes below. Consider using vintage china cabinets in bedrooms, bath-

rooms or front foyer areas (use large ceramic jars on top for all sorts of inventive storage).

• Add doors to your bookcases to get the best of both worlds — to display and hide storage. Top with a piece of frosted glass or stone and you've got a truly custom storage unit with a useable top for serving or display.



Lift Storage Bench, \$599, CB2.com

3 easy ways to dress up a dull dresser

DIY. Don't let that old dresser gather dust in the basement — turn it into a fresh, creative storage piece or stunning focal point

Before slipping back into old habits and watching resolutions fade to memories, put your good intentions to work and transform an old dresser into a fresh and creative storage piece.

With as little as a drill, screws, a saw and some wood, it's easy to bring an old waist-high dresser gathering dust in the basement into the living-room limelight.

Finish with a splash of paint and that useless piece

of furniture becomes a stunning new focal point.

Goodbye drawers, hello shelves

Create a more functional living room look by opening up the dresser and replacing the drawers with shelves.

Once the drawers and hardware are removed, creating shelves is as easy as installing mounts and cutting wood to size. For large objects such as storage baskets, remove multiple drawers and install one shelf.

Play around with colour palettes, including a two-tone design with a vibrant interior colour to brighten the space.

Say aloha to a new kitchen island

Kitchen storage is usually at a premium, and a temporary

Rehab Addict

- For more ideas on restoring old parts of your home, tune in to Rehab Addict, Tuesdays at 9 p.m. ET/PT on DIY Network Canada.

kitchen island can solve a lot of problems without committing to a full renovation.

While this idea won't fly with a tall chest of drawers, counter-height dressers provide space for food prep and drawers for small kitchen gadgets. Removing the bottom drawers opens up a great hiding spot for clunky pots and pans.

For the countertop, consider either matching it to the kitchen's current design

or going with wood to create a handy butcher block.

Take a load off with an entryway bench

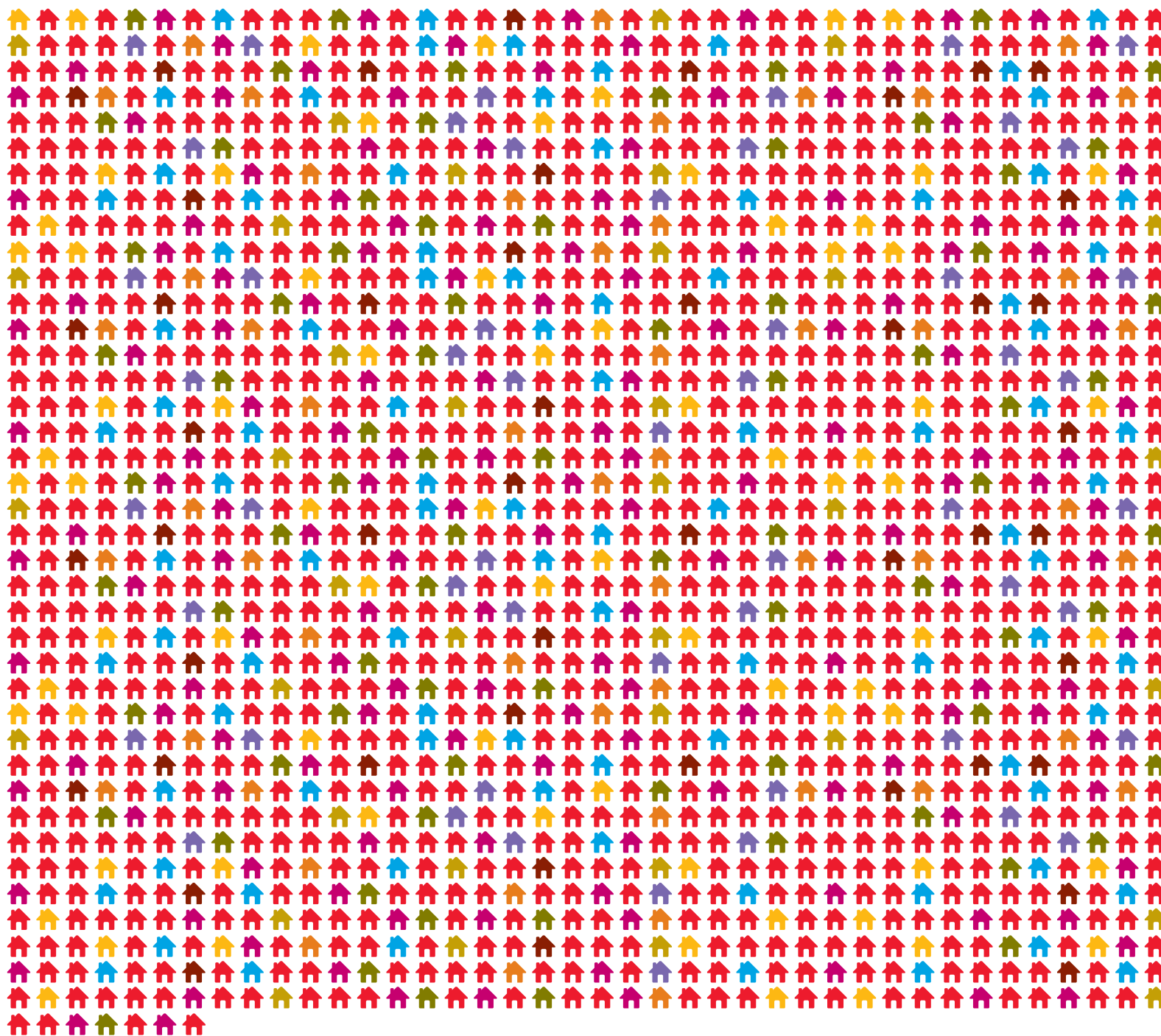
Add some extra storage to your entryway while adding a place to sit for tying shoes. This design works best with a short and long dresser.

First, gut the upper half of the dresser by removing the drawers, their supports, hardware and the top. The sides and back can also be removed or kept in as a frame. Next, install a bench on top of the bottom drawers.


It may be necessary to install extra support beneath the bench depending on the dresser's design. Keep the bottom drawers for hiding winter gear like toques and gloves or outdoor toys such as Frisbees, baseballs and mitts.



Turn an old piece of furniture into a stunning storage piece. iStock



Every month, 1,567 Scotiabank mortgage customers* become mortgage-free.

Switch and it could be  you.

Ask a Scotia advisor about switching and you could be mortgage-free faster.

www.scotiabank.com/switch

You're richer
than you think®



© Registered trademarks of The Bank of Nova Scotia. * Represents the average monthly number of Scotiabank mortgage customers that have paid out their mortgage between Nov. 2012 and Nov. 2013. All mortgages are subject to applicable credit approval, Scotiabank residential mortgage standards and maximum permitted loan amounts.

Chestnuts and portobello: A very earthy duo

Cookbook of the Week

Shining the spotlight on taste



The Flavour Principle takes foodies back to the basis of food: flavour.

Indian curry spices, fiery Thai chilis, lemony citrus, smoky barbecue rubs — these are all flavours that make us passionate about food and drink.

In their book, Lucy Waverman and Beppi Crosariol examine about a dozen flavours through recipes and drink pairings.

The Flavour Principle features more than 30 gorgeous menus covering flavours from all over the world. **METRO**

The chestnuts add a rich earthiness to this dish and make the mushrooms that much more meat-like. Look for the largest, juiciest-looking portobellos for this dish. If your mushrooms are smaller, you may have extra stuffing; stir in half a beaten egg and bake in a gratin dish alongside your mushrooms.

1. Heat oven to 220 C (425 F). Cut off mushroom stems flush with caps and chop. You should have about 375 ml (1 1/2 cups).

2. In a large skillet, heat 30 ml (2 tbsp) of the olive oil over high heat. Working in batches, add mushroom caps to pan and fry for 1 to 2 minutes per side or until just beginning to soften. Transfer gill side up to a baking sheet. Repeat with remaining mushroom caps, adding more oil to pan as needed.

Ingredients

- 12 large portobello mushrooms
- 125 ml (1/2 cup) olive oil, divided
- Chestnut Stuffing**
- 50 ml (1/4 cup) butter
- 250 ml (1 cup) chopped onions
- 250 ml (1 cup) chopped celery
- 5 ml (1 tsp) cracked fennel seeds
- 15 ml (1 tbsp) chopped garlic
- 575 ml (2 1/3 cups) vacuum-packed peeled roasted chestnuts

Wine pairing

White Burgundy: Try this inventively woody, earthy dish with a nutty, mineral-laden white Burgundy (such as Macon or, if budget permits, Puligny-Montrachet) and bask in the subtle decadence.

Alternative: If you prefer red, uncork a Chianti.

Set aside.

3. Melt butter in the same skillet over medium heat. Add onions, celery and fennel seeds and sauté for 10 minutes or until slightly caramelized. Add garlic, chestnuts and chopped mushroom stems and sauté for 2 minutes or until mushrooms are juicy. Remove from heat.

4. Stir bread crumbs and pars-

- (about 400 g/14 oz), chopped
- 1 l (4 cups) fresh bread crumbs
- 125 ml (1/2 cup) chopped fresh flat-leaf parsley
- 75 ml (1/3 cup) unsweetened apple juice
- Salt and freshly ground pepper, to taste
- Rich Red Wine Sauce (see below)



This recipe serves six.

ley into stuffing mixture. Add enough apple juice to moisten stuffing well. Season well with salt and pepper. Divide stuffing into 6 portions and place on top of each of the mushroom caps on the baking sheet. Top

with remaining 6 mushroom caps, gill side down, to make a kind of sandwich. Do not totally enclose the stuffing. Roast for 15 minutes or until mushrooms are tender and stuffing is crisp around the edges. Serve

drizzled with Rich Red Wine Sauce. **BOTH RECIPES: THE CANADIAN PRESS/ THE FLAVOUR PRINCIPLE BY LUCY WAVERMAN AND BEPPI CROSARIOL. PHOTOGRAPHY BY RYAN SZULC. PUBLISHED BY HARPERCOLLINS PUBLISHERS LTD, 2013.**



This recipe makes about 125 ml (1/2 cup) of sauce.

Condiment. Rich Red Wine Sauce

Pomegranate juice gives a wonderful colour to this sauce as well as a subtle flavour. This is similar to a beurre blanc sauce but made with red wine.

1. In a heavy pot, combine red wine, pomegranate juice,

soy sauce and sugar. Bring to a boil over high heat, reduce heat and simmer for 10 - 20 minutes or until thickened. Remove from heat and stir in butter a few pieces at a time until fully incorporated and sauce is emulsified. Season with salt and pepper, to taste.

Ingredients

- 125 ml (1/2 cup) red wine
- 125 ml (1/2 cup) pomegranate juice
- 10 ml (2 tsp) light soy sauce
- 2 ml (1/2 tsp) granulated sugar
- 50 ml (1/4 cup) cold unsalted butter, cut in pieces
- Salt and freshly ground pepper

For your phone

Video Cookbook Pâtisserie (iPhone; free/iPad; \$1.99)

This video instruction series offers some delicious and creative pastries. But it's the free



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

lessons on the fundamentals of fillings, icings, sauces, compotes and custards that make it a must-have.



MLB

Dodgers' Kershaw getting \$215M for his K's: Report

Pitcher Clayton Kershaw agreed Wednesday to a \$215 million, seven-year contract with the Los Angeles Dodgers, a person familiar with the negotiations told The Associated Press, a deal that makes the two-time Cy Young Award winner baseball's first player with a \$30-million average salary.

The person spoke on condition of anonymity because the agreement had not yet been announced.

Kershaw receives the most lucrative deal for a pitcher, breaking the mark of \$180 million set by Justin Verlander last March for his seven-year contract with Detroit.

THE ASSOCIATED PRESS

MLB

Replay challenges awaiting approval

The head of the committee that developed Major League Baseball's plan to expand instant replay says he is optimistic the system will be in place this season, even though owners and unions for players and umpires have yet to approve.

Atlanta Braves president John Schuerholz says that because of the complexities, he expects the system will need three years of use to resolve problems that develop.

The plan would give managers the right to challenge most calls except balls and strikes, with one challenge allowed in the first six innings and two from the seventh inning on.

THE ASSOCIATED PRESS

Zibanejad beginning to find role with Sens



THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

Last week the Ottawa Senators lost a great talent evaluator when assistant GM Tim Murray left the club to become GM of the Buffalo Sabres.

Sens fans can thank Murray for a league-high 14 drafted players since 2008 participating in at least one NHL game. This includes trading up in '08 to select Erik Karlsson and the surprising 2011 sixth overall pick of Mika Zibanejad. The Senators passed on Sean Couturier, Dougie Hamilton and Jonas Brodin — all were pre-ranked ahead of the six-foot-two, 211 pounder.

In his third pro season, and second in North America, Zibanejad is performing to the expectations that come with being such a high selection. But his climb up the ladder hasn't been without missteps.

Despite scoring the golden goal at the 2012 world juniors, the Stockholm native's development was hampered after an injury-plagued year in 2011-12 with Djurgardens of the Swedish Elite League. The team finished poorly. At season's end Zibanejad opted out of his SEL contract to ply his trade in AHL Binghamton under the tutelage of Luke Richardson.

Zibanejad became coach Paul MacLean's first option last season when Jason Spezza's back issues flared up. The rookie performed decently, notching 20 points in 42 games, adding another four in the playoffs.



Mika Zibanejad is finally becoming the player former assistant GM Tim Murray envisioned. JOEL AUERBACH/GETTY IMAGES

Performing under pressure

"Not only has Zibanejad gained his coach's confidence, he is now a go-to player in the shootout, converting both attempts to date."

The organization felt Zibanejad was ready to challenge for a top-six forward position this season. However, the 20-year-old didn't grasp the role and was demoted out of training camp.

The Senators reached out to Zibanejad after their poor start. He arrived with renewed vigor, registering three goals in his first six games, but

when MacLean had troubles supplying Zibanejad with constant linemates, Zibanejad's play became inconsistent.

Finally chemistry was found on Spezza's right side in mid-December. However, just when the pair blended well, Zibanejad suffered a neck strain, missing a pair of games. Soon after, it was Spezza's turn to come up

lame, causing MacLean to draw "bingo balls"; he placed Zibanejad between Milan Michalek and Cory Conacher. The trio clicked instantly, combining for 11 points in four games.

Although the captain returned three games ago, the line remains intact. Not only has Zibanejad gained his coach's confidence, he is now a go-to player in the shootout, converting both attempts to date.

The sophomore is low-key in nature; his voice barely audible in media scrums, but Zibanejad, a noted DJ, is spinning sweet music on the ice.

Canadians win uphill battles Down Under



Canadian Eugenie Bouchard
THE ASSOCIATED PRESS

Montreal's Eugenie Bouchard needed seven match points to secure a win over Virginie Razzano of France, 6-2, 7-6 (10) on Wednesday to reach the third round of the Australian Open.

"It was kind of crazy," Bouchard said of the second set. "It became just mental and I just had to fight. I'm happy I pulled through in the end. We had some crazy points."

Vasek Pospisil of Vancouver, seeded 28th, played through severe back pain to claim a 3-6, 7-6 (6), 7-6 (9), 6-1 victory over Australian Matthew Ebden.

The Canadian needed treatment three times in the second set and at times looked finished, but the 23-year-old fought on and managed to earn the improbable victory.

The back pain has bothered him since the start of the year, forcing him to quit a semifinal in India and pull out of a tournament in Sydney.

"It's been lingering, I had to hang tough. I'm super-thrilled to get through," said Pospisil, who depended on painkillers to get him to the finish after being told by a physiotherapist that

he could go on if he wished.

The Canadian next plays eighth seed Stanislas Wawrinka after the Swiss beat Alejandro Falla 6-3, 6-3, 6-7 (4), 6-4.

Bouchard will play in the third round of a Grand Slam for just the second time after reaching that plateau at Wimbledon last summer. She's the first Canadian woman to reach the third round at Melbourne since Sonya Jeyaseelan in 2000.

She next plays Lauren Davis of the U.S., who beat Germany's Julia Goerges 7-5, 2-6, 6-4.

THE CANADIAN PRESS

Doubles

- In men's doubles, Toronto's Daniel Nestor and Nenad Zimonjic of Serbia opened with a 6-4, 6-3 defeat of Germans Benjamin Becker and Daniel Brands.
- In women's doubles, Sharon Fichman of Toronto and Monica Puig of Puerto Rico dropped a 4-6, 6-4, 7-5 decision in their opening match.

Picking up pieces after a bad break



London native Dave Duncan takes to the air on his way to victory in a men's World Cup skicross race in San Candido, Italy, on Dec. 22. ALESSANDRO TROVATI/THE ASSOCIATED PRESS

Dave Duncan. London native, who was injured for skicross event in Vancouver, is better than ever heading into Sochi

Dave Duncan's first Olympic experience was a disaster.

It also led to a conversation that gave the Canadian the motivation and drive to make the four-year push to Sochi.

Duncan never made it to the start area for the Olympic debut of men's skicross at the 2010 Vancouver Games after crashing during a training run at Cypress Mountain. Instead of making preparations to race in front of adoring fans in his home country, Duncan was waiting for X-ray results in hospital.

His fears were later confirmed — a broken collarbone would prevent him from competing at the Games.

"It definitely was a deep place, one of the deeper moments of my life so to speak,"

Quoted

"It might be a little more structured but still at the essence, it's just having fun with your friends."

Dave Duncan, comparing skicross to his days as a youngster when he and his friends would race to the bottom of the hill.

Duncan said in a recent interview. "It's not the way you expect your first Olympics to go."

Sensing that Duncan could use a little support, a nurse brought former Paralympian Rick Hansen into his hospital room. The Man in Motion was serving as an honorary mayor in the athletes village at the Games and had a message for Duncan.

"Basically the words were, 'What you do from this moment is going to define you,'" Duncan said.

It was then he realized his 2010 mission was in the past. Duncan became completely focused on his new goal of competing at the 2014 Games in Sochi. "Right there the decision was made," he said.

Duncan has already qualified for Sochi and appears set to peak at the right time. He's enjoying his best season on the World Cup circuit and started the new year in top spot in the overall rankings after recent back-to-back victories.

The London native had raced in several finals since joining the skicross team in 2007 but had not won a World Cup until this season. He broke through last month with a win in Innichen-San Candido, Italy and followed it up with another gold the next day.

"Maybe it's just a few more grey hairs," Duncan joked, when asked how he did it. "I'm getting older. It's just relying on past experience."

THE CANADIAN PRESS

Is bigger better?

Go to metronews.ca/gameon to find out how Canada's men's hockey team is planning to cope with the larger Olympic-sized ice surface in Sochi.



Hockey

Datsyuk named Russia's captain

Alex Ovechkin was the first Russian athlete to carry the Olympic torch, but Pavel Datsyuk will be Russia's captain in Sochi.

With the support of Ovechkin, Datsyuk was named captain of the Russian men's hockey team on Wednesday as the 35-year-old Detroit Red Wings centre prepares to participate in his fourth Olympics.

"I am honoured to be named a captain," Datsyuk said via Twitter. "Our team embraces the opportunity and responsibility of representing our country on the home ice."

Ovechkin, last year's Hart Trophy-winner as NHL MVP, is considered the face of next month's Sochi Olympics. He is the only Russian-born captain in the NHL but told reporters at Washington Capitals practice last week that he thought Datsyuk should have that role in Sochi.

"To be honest with you, that kind of type of player, he has respect on the ice and off the ice," Ovechkin said. "My opinion is who (should) be captain is Datsyuk." THE CANADIAN PRESS

Moguls. Dufour-Lapointe and Bilodeau capture World Cup gold medals

Alex Bilodeau won the men's moguls gold medal and fellow Canadian Justine Dufour-Lapointe took the women's title Wednesday at a World Cup freestyle skiing event.

Montreal's Bilodeau, the reigning Olympic champion, took the men's title with a score of 25.72. He said he made some mistakes on his winning run and thought he might be surpassed by teammate Mikael Kingsbury. But Kingsbury almost went off the course on his final run and ended up sixth.

Americans Patrick Deneen

and Bradley Wilson finished second and third respectively.

Dufour-Lapointe, from Montreal, put together a score of 23.90 on her final run to take the women's title. She came back from a distant 15th in qualifying to overtake Americans Heidi Kloser and Hannah Kearney for gold.

It's the second-last World Cup moguls event before the Sochi Olympics. The World Cup circuit takes a break following Sunday's competition at Val Saint-Côme, Que.

THE CANADIAN PRESS



Canada's Alex Bilodeau, left, and Maxime Dufour-Lapointe won gold medals in freestyle World Cup moguls events on Wednesday in Wilmington, N.Y.

MIKE GROLL/THE ASSOCIATED PRESS



NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	46	29	15	2	132	102	60
Tampa Bay	47	28	15	4	136	113	60
Montreal	47	26	16	5	118	111	57
Toronto	48	23	20	5	132	146	51
Detroit	46	20	16	10	118	127	50
Ottawa	47	21	18	8	134	146	50
Florida	46	18	21	7	109	141	43
Buffalo	45	13	27	5	80	125	31

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	47	33	12	2	152	112	68
Washington	46	22	16	8	137	137	52
Philadelphia	47	24	19	4	125	132	52
N.Y. Rangers	48	24	21	3	119	126	51
New Jersey	48	20	18	10	112	118	50
Columbus	46	22	20	4	129	131	48
Carolina	46	19	18	9	111	130	47
N.Y. Islanders	48	18	23	7	132	156	43

Wednesday's results

Buffalo at Toronto
Washington at Pittsburgh
Vancouver at Anaheim

Tuesday's results

Colorado 3 Chicago 2 (OT)
Dallas 5 Edmonton 2
Florida 4 N.Y. Islanders 2
Nashville 4 Calgary 2
New Jersey 4 Montreal 1
Ottawa 3 Minnesota 0
Philadelphia 4 Buffalo 3
San Jose 2 Washington 1 (SO)
St. Louis 2 Phoenix 1
Tampa Bay 2 N.Y. Rangers 1
Toronto 4 Boston 3

Thursday's games — All Times Eastern

Nashville at Philadelphia, 7 p.m.
Detroit at NY Rangers, 7 p.m.
San Jose at Florida, 7:30 p.m.
NY Islanders at Tampa Bay, 7:30 p.m.
Montreal at Ottawa, 7:30 p.m.
Edmonton at Minnesota, 8 p.m.
Los Angeles at St. Louis, 8 p.m.
Boston at Dallas, 8:30 p.m.
New Jersey at Colorado, 9 p.m.
Winnipeg at Calgary, 9 p.m.
Vancouver at Phoenix, 9 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	49	30	8	11	177	135	71
St. Louis	45	32	8	5	163	100	69
Colorado	46	29	12	5	135	117	63
Minnesota	49	25	19	5	118	122	55
Dallas	46	21	18	7	132	141	49
Nashville	48	20	21	7	113	143	47
Winnipeg	48	20	23	5	133	146	45

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	48	35	8	5	161	119	75
San Jose	47	29	12	6	150	117	64
Los Angeles	47	28	14	5	120	96	61
Vancouver	47	24	14	9	123	115	57
Phoenix	46	21	16	9	135	143	51
Calgary	47	16	25	6	105	148	38
Edmonton	49	15	29	5	128	174	35

Note: Two points for a win, one point for an overtime or shootout loss (OL column).

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	25	42	67
Kane, Chi	23	33	56
Tavares, NYI	21	35	56
Getzlaf, Ana	23	30	53
Thornton, SJ	5	45	50
Perry, Ana	25	24	49
Sharp, Chi	25	24	49
Kunitz, Pgh	24	25	49
Backstrom, Wash	11	37	48
Ovechkin, Wash	33	14	47
Toews, Chi	17	30	47
Okposo, NYI	19	27	46
Malkin, Pgh	12	34	46
Kessel, Tor	21	24	45
Hall, Edm	18	27	45

Not including last night's games

NFL PLAYOFFS

CONFERENCE CHAMPIONSHIPS

Sunday's games — All Times Eastern

AFC — New England at Denver, 3 p.m.
NFC — San Francisco at Seattle, 6:30 p.m.

SUPER BOWL XLVIII

Sunday, Feb. 2

At East Rutherford, N.J.

AFC vs. NFC champions, 6:30 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	30	7	.811	—
d-Miami	27	10	.730	3
d-Toronto	19	17	.528	10½
Atlanta	20	18	.526	10½
Washington	17	19	.472	12½
Chicago	17	19	.472	12½
Detroit	16	22	.421	14½
Charlotte	16	23	.410	15
Brooklyn	15	22	.405	15
New York	15	23	.395	15½
Cleveland	14	24	.368	16½
Boston	13	26	.333	18
Philadelphia	12	25	.324	18
Orlando	10	28	.263	20½
Milwaukee	7	30	.189	23

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	30	8	.789	—
d-Portland	28	9	.757	1½
Oklahoma City	28	10	.737	2
d-L.A. Clippers	26	13	.667	4½
Houston	25	14	.641	5½
Golden State	25	14	.641	5½
Dallas	23	16	.590	7½
Phoenix	21	16	.568	8½
Denver	19	18	.514	10½
Minnesota	18	19	.486	11½
Memphis	18	19	.486	11½
New Orleans	15	22	.405	14½
L.A. Lakers	14	24	.368	16
Sacramento	13	23	.361	16
Utah	13	26	.333	17½

Wednesday's results

Charlotte at Philadelphia
Chicago at Orlando
Miami at Washington
Toronto at Boston
Memphis at Milwaukee
Utah at San Antonio
Sacramento at Minnesota
Houston at New Orleans
L.A. Lakers at Phoenix
Cleveland at Portland
Denver at Golden State
Dallas at L.A. Clippers

Tuesday's results

Charlotte 108 New York 98
Cleveland 120 L.A. Lakers 118
Indiana 116 Sacramento 92
Memphis 90 Oklahoma City 87

Thursday's games — All Times Eastern

Brooklyn at Atlanta, 3 p.m.
New York at Indiana, 3 p.m.
Oklahoma City at Houston, 9:30 p.m.

Horoscopes

♈ Aries

March 21 - April 20

Be honest with friends today, even if what you have to tell them is not what they want to hear. Having said that, maybe what you think is bad news is good news in their opinion.

♉ Taurus

April 21 - May 21

Any plans you make now are under the influence of the full moon, so try not to take them too seriously. A lot depends on whether you made them rationally or emotionally.

♊ Gemini

May 22 - June 21

Your ideas are as good as anyone else's but for some reason you think you are not as smart as your rivals. They may have fewer self-doubts but where intelligence is concerned you are way out in front.

♋ Cancer

June 22 - July 23

You may have a hard time controlling your emotions today but in a way that's good because, as usual, you have been keeping your feelings bottled up inside. Shout and scream if you have to.

♌ Leo

July 24 - Aug. 23

Don't take it personally if loved ones are hard to get through to today. It seems they have a lot on their minds. If there are issues you need to discuss, wait until tomorrow when they won't be so worried by life.

♍ Virgo

Aug. 24 - Sept. 23

Keep your ideas to yourself and stay tight-lipped even if your best friends ask what you are up to. That applies just as much on the work front. The less others know, the better for you.

♎ Libra

Sept. 24 - Oct. 23

Someone who envies your calm demeanor will turn up the heat today in the hope that you will start to sweat, but what they don't know is that you thrive on this sort of pressure.

♏ Scorpio

Oct. 24 - Nov. 22

Don't get upset if others don't seem interested in what you have to tell them. It's unlikely you will get much sense out of them over the next 24 hours.

♐ Sagittarius

Nov. 23 - Dec. 21

Your words will carry more weight if you keep what you have to say to the point. Don't bother with explanations, just say what you mean and leave no one in any doubt that you mean what you say.

♑ Capricorn

Dec. 22 - Jan. 20

Some people may not deserve your assistance but as the moon is full in your opposite sign, you should be considerate. However, don't be so considerate that you let slip information that could help rivals get rich at your expense.

♒ Aquarius

Jan. 21 - Feb. 19

Today's full moon urges you to get your head out of the clouds and focus on the facts. You will have to tighten your belt financially over the next few weeks but it will only hurt if your attitude is wrong.

♓ Pisces

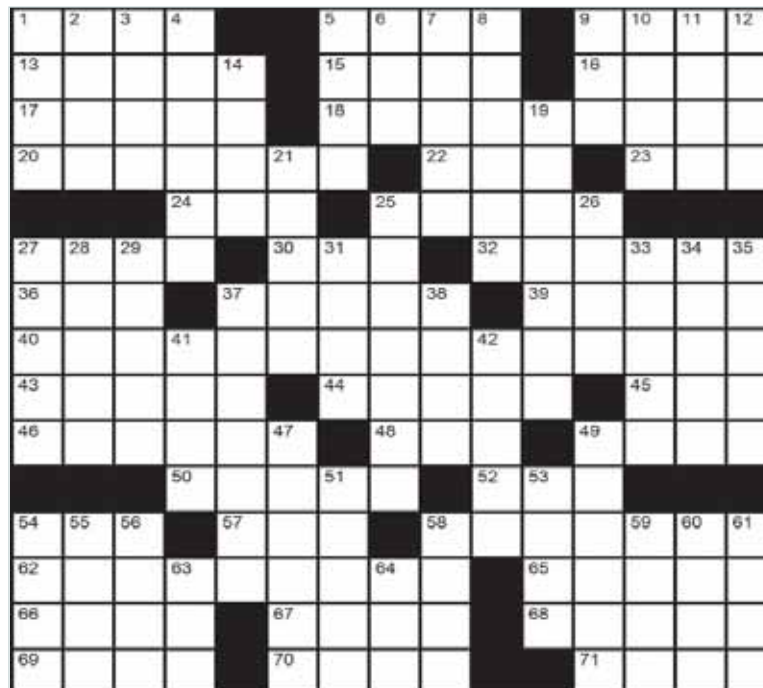
Feb. 20 - March 20

You may find it hard to stay focused today. You are advised to stop trying and let the cosmic winds blow you where they will. All roads lead to where you are destined to be. Why struggle? **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Canadian singer of "Can't Choose" feat. Kardinal Offishall
- NHL officials
- Heel height unit
- Overseas moneys
- Medley
- Casanova
- Express
- Canadian talk show icon who early on piloted a helicopter as a traffic reporter: 2 wds.
- "SCTV" polka duo, The ___ Brothers
- Certain constellation
- She's opposite
- Dietary letters
- Actress Sharon
- Pairs
- Lady's love
- F's music equivalent, ___
- Bob & Doug interjections
- WWI: Canada's coming of age on the world stage
- Pointing-an-arrow person
- Route 99's other name in BC: 4 wds.
- Popeye creator, E.C. ___
- White wine of Italy
- Fuss
- Smart ___ (Wise guys)
- Which person?



- Martha of "Some Came Running" (1958)
- Writer, Madame de ___ (b.1766 - d.1817)
- Actor Stephen
- Elvis record label
- Not their
- Needle
- CBC, e.g.: 2 wds.

- People of the Arctic
- Fever symptom
- Novelist Ms. Ferber
- Canadian lingerie retailer, La ___
- Autoshop repair
- Rockefeller Center muralist
- "Begone!"

Down

- Ms. Simpson, to pals
- Baseball's Babe
- Apothecary weight
- Diarists
- Drove
- Yalie
- Last
- Evening party
- Pique

- Chris of "Sex and the City"
- Aww-inspiring :)
- Canadian luggage brand since 1986
- Post
- The Northwest ___
- Heaves
- Englishman Archibald Belaney (b.1888 - d.1938) ...during

- his life in the Ojibwa culture in Canada: 2 wds.
- ___Tzu
 - W Network's current docu-series "___ & Scott" about Canada's ice dancing champs
 - Tire
 - Meryl Streep/Julia Roberts movie, "August: ___ County"
 - Annoys
 - Direct selling company
 - Novelist Charles' bookish surname (b.1814 - d.1884)
 - Comic legend Richard
 - Saskatchewan city
 - Ex-ruler of Iran
 - Tie accessories
 - Soap brand
 - Food toppers
 - Metric singer Emily
 - Show wear due to wind and rain
 - Greek goddess of discord
 - Carangid fish
 - Press
 - Sentence part
 - Tiff
 - Now, to Nero
 - Pyramids place
 - Louisiana, for one, in French
 - Drenched
 - Time off, slang-style

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today



-4° / -6°
Variable

Friday



-1° / -10°
Light snow
70%

Know what the weather
will be 14 days from now.
Check the 14 day trend.

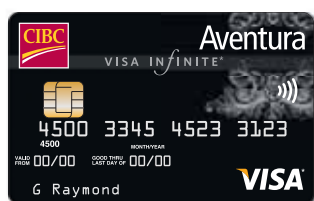
TWN incorporates MSC data

visit metronews.ca



**Earn up to 20,000 Aventura Points.
Plus no annual fee for the 1st year.¹**

The new CIBC Aventura® Travel Rewards Program.



**So good even
penguins can fly™.**

cibc.com/penguinscanfly or call 1 855 813-9803.



¹Offer applies to newly approved eligible Aventura credit card accounts only for applications received between January 1 and March 31, 2014; transfers from an existing CIBC credit card are excluded. Bonus points and annual fee rebate awarded to the primary cardholder. Qualifying purchases must be made to receive bonus points. Offer may be withdrawn or changed without notice at any time. Conditions apply; for details visit cibc.com/penguinscanfly. Visa™ and Visa Infinite™ are trademarks of Visa Int./CIBC lic. user. All other trademarks are owned by CIBC or related entities.